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OUTDOOR TRACK & FIELD RECORD BOOK



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2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

Southeastern Conference Communications



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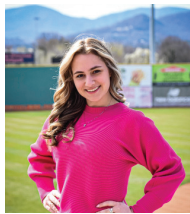
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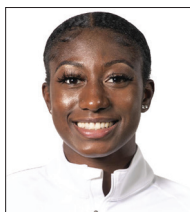
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2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

All-Time SEC Champions (All Sports) - as of Aug. 2022

| | UA | AR | AU | UF | UG | UK | LSU | UM | MS | MU | SC | UT | TAMU | VU |
|--------------|-----------|------------|-----------|------------|------------|-----------|------------|-----------|-----------|----------|-----------|------------|-----------|-----------|
| Baseball | 14 | 3 | 6 | 13 | 6 | 1 | 17 | 7 | 11 | | 3 | 4 | | 7 |
| M BKB | 8 | 2 | 4 | 7 | 1 | 49 | 11 | | 6 | | 1 | 10 | 1 | 3 |
| W BKB | | | 5 | | 7 | 2 | 3 | 1 | 2 | | 6 | 18 | 1 | |
| M XC | 3 | 27 | 6 | 3 | | 4 | | 2 | 5 | | | 25 | | |
| W XC | 2 | 22 | | 6 | | 3 | | | | | | 5 | | 1 |
| Equestrian | | | 5 | | 3 | | | | | | 2 | | | |
| Football | 29 | | 8 | 8 | 13 | 2 | 12 | 6 | 1 | | | 13 | | |
| M Golf | 5 | 2 | 4 | 15 | 29 | 1 | 16 | 1 | 2 | | | 3 | | 3 |
| W Golf | 3 | 1 | 10 | 9 | 11 | | 2 | 1 | | | 1 | | 1 | 2 |
| Gymnastics | 9 | | | 14 | 16 | | 3 | | | | | | | |
| Soccer | | 3 | 1 | 14 | | 1 | | | | | 3 | 3 | 3 | 3 |
| Softball | 6 | 2 | | 9 | 2 | | 5 | | | | 1 | 1 | | |
| M S&D | 2 | | 18 | 43 | 3 | | 1 | | | | | 10 | | |
| W S&D | 1 | | 5 | 17 | 12 | 1 | | | | | | 2 | 4 | |
| M Tennis | 1 | | 2 | 12 | 31 | 2 | 5 | 5 | 3 | | | 9 | 3 | |
| W Tennis | 1 | | | 29 | 12 | 1 | | | | | | | 2 | 2 |
| M In. T&F | 6 | 24 | 4 | 8 | | 1 | 4 | | | | | 18 | | |
| W In. T&F | 1 | 15 | | 8 | 1 | | 12 | | | | | 4 | | |
| M Out.T&F | 3 | 21 | 4 | 6 | 1 | | 23 | | 1 | | | 25 | 2 | |
| W Out.T&F | 2 | 9 | | 7 | 2 | | 13 | | | | 3 | 4 | 1 | |
| Volleyball | | | | 24 | 2 | 8 | 5 | | | 2 | | 4 | 1 | |
| Wrestling* | | | 5 | 1 | | 2 | 4 | | | | | | | |
| Boxing* | | | | | | | 5 | | | | | | | |
| TOTAL | 96 | 131 | 87 | 253 | 152 | 79 | 141 | 23 | 31 | 2 | 20 | 158 | 19 | 21 |

The SEC Champion is determined by regular season competition in baseball, men's basketball, women's basketball, football, gymnastics, soccer, softball, men's tennis, women's tennis, and volleyball. It's determined by a meet or tournament in men's cross country, women's cross country, equestrian, men's golf, women's golf, men's indoor track & field, women's indoor track & field, men's outdoor track & field, and women's outdoor track & field.

*Discontinued Sport

All-Time Team National Champions (All Sports) - as of Aug. 2022

| | UA | AR | AU | UF | UG | UK | LSU | UM | MS | MU | SC | UT | AM | TUL^ | VU | TOTAL |
|--------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|----------|----------|----------|----------|-----------|----------|----------|----------|------------|
| Baseball | | | | 1 | 1 | | 6 | 1 | 1 | | 2 | | | | 2 | 14 |
| M BKB | | 1 | | 2 | | 8 | | | | | | | | | | 11 |
| W BKB | | | | | | | | | | | 2 | 8 | | | | 10 |
| W BOWL | | | | | | | | | | | | | | | 2 | 2 |
| M XC | | 7 | | | | | | | | | | 1 | | | | 8 |
| W XC | | 1 | | | | 1 | | | | | | | | | | 2 |
| Equestrian+ | | | 4 | | 2 | | | | | | 1 | | 1 | | | 8 |
| Football | 13 | | 2 | 3 | 2 | | 4 | 1 | | | | 2 | | | | 27 |
| M Golf | 2 | | | 4 | 2 | | 5 | | | | | | | | | 13 |
| W Golf | 1 | | | 2 | 1 | | | 1 | | | | | | | | 5 |
| Gymnastics | 6 | | | 3 | 10 | | | | | | | | | | | 19 |
| Rifle | | | | | | 4 | | | | | | | | | | 4 |
| Soccer | | | | 1 | | | | | | | | | | | | 1 |
| Softball | 1 | | | 2 | | | | | | | | | | | | 3 |
| M S&D | | | 8 | 2 | | | | | | | | 1 | | | | 11 |
| W S&D | | | 5 | 2 | 7 | | | | | | | | | | | 14 |
| M Tennis | | | | 1 | 6 | | | | | | | | | 1 | | 8 |
| W Tennis | | | | 7 | 2 | | | | | | | | | | 1 | 10 |
| M In. T&F | | 12 | | 5 | | | 2 | | | | | 1 | 1 | | | 21 |
| W In. T&F | | 3 | | 2 | 1 | | 11 | | | | | 2 | | | | 19 |
| M Out.T&F | | 11 | | 5 | 1 | | 5 | | | | | 3 | 1 | | | 26 |
| W Out.T&F | | 2 | 1 | 1 | | | 15 | | | | 1 | | 1 | | | 21 |
| Volleyball | | | | | | 1 | | | | | | | | | | 1 |
| Boxing* | | | | | | | 1 | | | | | | | | | 1 |
| TOTAL | 23 | 37 | 20 | 43 | 35 | 14 | 49 | 3 | 1 | 0 | 6 | 18 | 4 | 1 | 5 | 259 |

^No longer member of SEC

*Discontinued Sport

+Non-NCAA Sport

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

All-Time SEC Team Champions

| Year | Champion | Pts | Site |
|------|----------------|--------|------------------------|
| 1981 | Tennessee | 197 | Knoxville, Tenn. |
| 1982 | Tennessee | 214 | Athens, Ga. |
| 1983 | Tennessee | 223 | Lexington, Ky. |
| 1984 | Tennessee | 207 | Baton Rouge, La. |
| 1985 | LSU | 191 | Starkville, Miss. |
| 1986 | Alabama | 155 | Knoxville, Tenn. |
| 1987 | LSU | 175 | Tuscaloosa, Ala. |
| 1988 | LSU | 183 | Auburn, Ala. |
| 1989 | LSU | 145 | Gainesville, Fla. |
| 1990 | LSU | 128 | Athens, Ga. |
| 1991 | LSU | 189 | Baton Rouge, La. |
| 1992 | Florida | 169 | Starkville, Miss. |
| 1993 | LSU | 174 | Knoxville, Tenn. |
| 1994 | Alabama | 134 | Fayetteville, Ark. |
| 1995 | Georgia | 135.5 | Tuscaloosa, Ala. |
| 1996 | LSU | 145 | Lexington, Ky. |
| 1997 | Florida | 140 | Auburn, Ala. |
| 1998 | Florida | 142 | Gainesville, Fla. |
| 1999 | South Carolina | 138 | Athens, Ga. |
| 2000 | Arkansas | 147.75 | Baton Rouge, La. |
| 2001 | Arkansas | 137 | Columbia, S.C. |
| 2002 | South Carolina | 147 | Fayetteville, Ark. |
| 2003 | Florida | 159 | Knoxville, Tenn. |
| 2004 | Arkansas | 124 | Oxford, Miss. |
| 2005 | South Carolina | 145.20 | Nashville, Tenn. |
| 2006 | Georgia | 136 | Fayetteville, Ark. |
| 2007 | LSU | 139.50 | Tuscaloosa, Ala. |
| 2008 | LSU | 157.50 | Auburn, Ala. |
| 2009 | Florida | 135.50 | Gainesville, Fla. |
| 2010 | LSU | 132 | Knoxville, Tenn. |
| 2011 | LSU | 146 | Athens, Ga. |
| 2012 | LSU | 161.50 | Baton Rouge, La. |
| 2013 | Texas A&M | 117 | Columbia, Mo. |
| 2014 | Arkansas | 123 | Lexington, Ky. |
| 2015 | Arkansas | 127.50 | Starkville, Miss. |
| 2016 | Arkansas | 126.75 | Tuscaloosa, Ala. |
| 2017 | Arkansas | 128 | Columbia, S.C. |
| 2018 | Florida | 91 | Knoxville, Tenn. |
| 2019 | Arkansas | 139.5 | Fayetteville, Ark. |
| 2021 | Arkansas | 127 | College Station, Texas |
| 2022 | Florida | 107 | Oxford, Miss. |

SEC Championship Totals

LSU (13); Arkansas (9); Florida (7); Tennessee (4); South Carolina (3); Alabama (2); Georgia (2); Texas A&M (1).

2022 Results - Oxford, Miss.

1. Florida (107); 2. Arkansas (103); 3. LSU (96.5); 4. Kentucky (85);
5. Texas A&M (74); 6. Ole Miss (72); 7. Auburn (57); 8. Alabama (48);
9. Tennessee (34); 10. Georgia (33.5); 11. South Carolina (32); 12.
Missouri (27); 12. Vanderbilt (27); 14. Mississippi State (22).

2022 Awards

Runner of the Year: Britton Wilson, Arkansas
Field Athlete of the Year: Jasmine Moore, Florida
Freshman Runner of the Year: Michaela Rose, LSU
Co-Freshman Field Athlete of the Year: Katelyn Fairchild, Texas A&M
Co-Freshman Field Athlete of the Year: Elena Kulichenko, Georgia
Scholar-Athlete of the Year: Abby Steiner, Kentucky
Coach of the Year: Mike Holloway, Florida

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SEC Championship Year-by-Year Team Results

| | | | | |
|-------------------|-------------------------|--------------------------|----------------------------|--------------------------|
| 1981 | 7. Auburn 10 | 1993 | 7. Tennessee 64 | 2002 |
| 1. Tennessee 197 | 8. Mississippi State 7 | 1. LSU 175 | 8. Vanderbilt 57 | 1. South Carolina 148 |
| 2. Kentucky 150 | 9. Ole Miss 5 | 2. Arkansas 111 | 9. Kentucky 26 | 2. Arkansas 138 |
| 3. Alabama 95 | | 3. Alabama 100 | 10. Ole Miss 23 | 3. Florida 133 |
| 4. Georgia 54 | 1988 | 4. Florida 96 | 11. Mississippi State 7 | 4. LSU 114 |
| 5. Auburn 52 | 1. LSU 183 | 5. Tennessee 81 | 12. Alabama 2 | 5. Auburn 88 |
| 6. Florida 43 | 2. Alabama 121 | 6. Auburn 52 | | 6. Tennessee 52.50 |
| 7. LSU 26 | 3. Tennessee 84 | 7. Georgia 45 | 1998 | 7. Georgia 49 |
| | 4. Florida 61 | 8. Ole Miss 22 | 1. Florida 142 | 8. Kentucky 27 |
| 1982 | 5. Kentucky 40 | 9. Kentucky 15 | 2. South Carolina 121 | 9. Alabama 20 |
| 1. Tennessee 214 | 6. Georgia 35 | 10. South Carolina 13 | 3. Georgia 103 | 10. Vanderbilt 19.50 |
| 2. Alabama 96 | 7. Auburn 33 | 10. Mississippi State 13 | 4. Arkansas 89.5 | 11. Ole Miss 17 |
| 3. Kentucky 58 | 8. Mississippi State 23 | 12. Vanderbilt 10 | 5. LSU 77 | 12. Mississippi State 13 |
| 4. Florida 55 | 9. Ole Miss 6 | | 6. Auburn 76 | |
| 5. Georgia 50 | | 1994 | 7. Tennessee 65 | 2003 |
| 6. Auburn 42 | 1989 | 1. Alabama 134 | 8. Vanderbilt 53 | 1. Florida 159 |
| 7. LSU 37 | 1. LSU 145 | 2. LSU 133.4 | 9. Kentucky 32 | 2. Arkansas 130 |
| 8. Vanderbilt 1 | 2. Florida 129 | 3. Tennessee 125 | 10. Alabama 25 | 3. LSU 110 |
| | 3. Tennessee 91 | 4. Arkansas 85 | 11. Ole Miss 19 | 4. South Carolina 86 |
| 1983 | 4. Kentucky 66 | 5. South Carolina 56 | 12. Mississippi State 10 | 5. Auburn 77 |
| 1. Tennessee 223 | 5. Alabama 60 | 6. Georgia 53 | | 6. Georgia 66 |
| 2. Alabama 94 | 6. Georgia 54 | 7. Auburn 50 | 1999 | 7. Tennessee 55 |
| 3. Florida 80 | 7. Auburn 24 | 8. Florida 38 | 1. South Carolina 138 | 8. Kentucky 49 |
| 4. Kentucky 60 | 8. Mississippi State 16 | 9. Kentucky 33 | 2. Florida 123.5 | 9. Alabama 38 |
| 5. Georgia 58 | 9. Ole Miss 4 | 10. Ole Miss 25 | 3. LSU 114.5 | 10. Mississippi State 22 |
| 6. LSU 40 | | 11. Vanderbilt 7.5 | 4. Georgia 107.5 | 11. Vanderbilt 19 |
| 7. Auburn 1 | 1990 | | 5. Arkansas 90 | 12. Ole Miss 5 |
| | 1. LSU 128 | 1995 | 6. Tennessee 61 | |
| 1984 | 2. Florida 122 | 1. Georgia 135.5 | 7. Alabama 50 | 2004 |
| 1. Tennessee 207 | 3. Tennessee 106 | 2. LSU 124 | 8. Vanderbilt 47.5 | 1. Arkansas 124 |
| 2. Alabama 117 | 4. Alabama 95 | 3. Tennessee 90 | 9. Kentucky 35 | 2. LSU 114 |
| 3. Georgia 62 | 5. Georgia 46 | 4. Florida 87 | 10. Ole Miss 28 | 3. Georgia 101.5 |
| 4. Florida 60 | 6. Auburn 34 | 5. Arkansas 79.5 | 11. Auburn 13 | 4. South Carolina 90.5 |
| 5. LSU 48 | 7. Kentucky 28 | 6. Auburn 76 | 12. Mississippi State 10 | 5. Florida 79 |
| 6. Kentucky 27 | 8. Mississippi State 21 | 7. Kentucky 49 | | 6. Tennessee 78.5 |
| 7. Auburn 12 | 9. Ole Miss 5 | 8. South Carolina 31 | 2000 | 7. Auburn 68.5 |
| | 10. Vanderbilt 3 | 9. Alabama 28 | 1. Arkansas 147.75 | 8. Alabama 68 |
| 1985 | | 10. Mississippi State 20 | 2. South Carolina 132.25 | 9. Kentucky 30 |
| 1. LSU 191 | 1991 | 11. Vanderbilt 9 | 3. LSU 89.5 | 10. Vanderbilt 27 |
| 2. Tennessee 109 | 1. LSU 189 | 11. Ole Miss 9 | 4. Florida 86.25 | 11. Mississippi State 22 |
| 3. Florida 100 | 2. Florida 138 | | 5. Georgia 85 | 12. Ole Miss 15 |
| 4. Georgia 71 | 3. Tennessee 84 | 1996 | 6. Tennessee 71.25 | |
| 5. Alabama 59 | 4. Alabama 55 | 1. LSU 145 | 7. Alabama 71 | 2005 |
| 6. Auburn 30 | 5. Georgia 50 | 2. South Carolina 103 | 8. Auburn 54 | 1. South Carolina 145.20 |
| 7. Kentucky 9 | 6. Auburn 45 | 3. Auburn 94 | 9. Ole Miss 32 | 2. Arkansas 124.20 |
| | 7. Kentucky 10 | 4. Georgia 88 | 10. Kentucky 12 | 3. Tennessee 108.33 |
| 1986 | 8. Ole Miss 7 | 5. Arkansas 72 | 11. Mississippi State 10 | 4. Georgia 106.20 |
| 1. Alabama 155 | 9. Mississippi State 6 | 6. Florida 60 | 12. Vanderbilt 7 | 5. Auburn 81.50 |
| 2. LSU 125.5 | 10. Vanderbilt 4 | 7. Alabama 53 | | 6. LSU 78 |
| 3. Tennessee 87.5 | | 8. Kentucky 52 | 2001 | 7. Alabama 54 |
| 4. Florida 74 | 1992 | 9. Tennessee 47 | 1. Arkansas 182 | 8. Florida 32.16 |
| 5. Georgia 67 | 1. Florida 169 | 10. Vanderbilt 34 | 2. Florida 112 | 9. Kentucky 31 |
| 6. Kentucky 56 | 2. LSU 147 | 11. Ole Miss 24 | 3. South Carolina 109 | 10. Ole Miss 26.40 |
| 7. Auburn 22 | 3. Alabama 100 | 12. Mississippi State 7 | 4. LSU 103 | 11. Vanderbilt 12 |
| | 4. Arkansas 99 | | 5. Auburn 67 | 11. Mississippi State 12 |
| 1987 | 5. Tennessee 75.5 | 1997 | 6. Alabama 63.5 | |
| 1. LSU 175 | 6. Auburn 54 | 1. Florida 140 | 7. Georgia 55 | |
| 2. Alabama 142 | 7. Georgia 42.5 | 2. LSU 120 | 8. Ole Miss 39 | |
| 3. Florida 99 | 8. Ole Miss 24 | 3. South Carolina 103 | 9. Tennessee 31 | |
| 4. Tennessee 80 | 9. Kentucky 11 | 4. Auburn 102 | 10. Kentucky 29 | |
| 5. Georgia 38 | 9. Vanderbilt 11 | 5. Arkansas 67 | 11. Vanderbilt 15 | |
| 6. Kentucky 33 | 11. Mississippi State 7 | 6. Georgia 65 | 12. Mississippi State 12.5 | |

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| 2006 | | 2010 | | 2014 | | 2018 | |
|-----------------------|--------|-----------------------|--------|-----------------------|--------|-----------------------|-------|
| 1. Georgia | 136 | 1. LSU | 132 | 1. Arkansas | 123 | 1. Florida | 91 |
| 2. Auburn | 135 | 2. Florida | 107.5 | 2. Florida | 116.5 | 2. LSU | 88.5 |
| 3. South Carolina | 86.50 | 3. Arkansas | 98.5 | 3. Texas A&M | 113 | 3. Texas A&M | 79.5 |
| 4. LSU | 81 | 4. Auburn | 97 | 4. Kentucky | 104 | 4. Tennessee | 78 |
| 5. Tennessee | 78 | 5. Georgia | 74.5 | 5. Georgia | 70.5 | 5. Ole Miss | 74 |
| 6. Alabama | 72.50 | 6. Alabama | 64 | 6. LSU | 65.5 | 6. Arkansas | 70 |
| 7. Arkansas | 68 | 7. Tennessee | 62 | 7. Missouri | 62 | 6. Kentucky | 70 |
| 8. Kentucky | 45 | 8. South Carolina | 48.5 | 8. Alabama | 36 | 8. Georgia | 61 |
| 9. Florida | 38 | 9. Ole Miss | 48 | 9. Auburn | 30 | 9. Alabama | 53.5 |
| 10. Vanderbilt | 28 | 10. Kentucky | 44 | 10. Tennessee | 28 | 10. Missouri | 53 |
| 11. Mississippi State | 27 | 11. Mississippi State | 36 | 11. Mississippi State | 26 | 11. Auburn | 38.5 |
| 12. Ole Miss | 24 | 12. Vanderbilt | 5 | 12. South Carolina | 25.5 | 12. Mississippi State | 30 |
| | | | | 13. Vanderbilt | 15 | 13. South Carolina | 20 |
| | | | | 14. Ole Miss | 4 | 14. Vanderbilt | 10 |
| 2007 | | 2011 | | 2015 | | 2019 | |
| 1. LSU | 139.50 | 1. LSU | 146 | 1. Arkansas | 127.5 | 1. Arkansas | 139.5 |
| 2. Arkansas | 110 | 2. Florida | 116 | 2. Texas A&M | 104 | 2. Texas A&M | 85 |
| 3. Georgia | 106 | 3. Arkansas | 107 | 3. Kentucky | 99 | 3. Kentucky | 84 |
| 4. Tennessee | 89 | 4. Georgia | 94 | 4. LSU | 84 | 4. LSU | 83 |
| 5. South Carolina | 84 | 5. Tennessee | 92 | 5. Florida | 83 | 5. Alabama | 69 |
| 6. Florida | 82 | 6. Auburn | 66 | 6. Georgia | 64 | 5. Florida | 69 |
| 7. Auburn | 73.50 | 7. South Carolina | 46 | 7. Alabama | 55.5 | 7. Missouri | 53 |
| 8. Kentucky | 42 | 8. Kentucky | 42 | 8. Mississippi State | 51 | 8. Auburn | 46 |
| 9. Ole Miss | 39 | 9. Ole Miss | 38 | 9. Missouri | 42.66 | 9. Tennessee | 45.5 |
| 10. Alabama | 23 | 10. Mississippi State | 34 | 10. Auburn | 28 | 10. Georgia | 42.5 |
| 11. Mississippi State | 19 | 11. Alabama | 31 | 11. Vanderbilt | 25.33 | 11. Mississippi State | 37 |
| 12. Vanderbilt | 12 | 12. Vanderbilt | 7 | 12. Ole Miss | 21 | 12. Ole Miss | 31.5 |
| | | | | 13. South Carolina | 19 | 13. South Carolina | 23 |
| | | | | 14. Tennessee | 15 | 14. Vanderbilt | 11 |
| 2008 | | 2012 | | 2016 | | 2021 | |
| 1. LSU | 157.50 | 1. LSU | 161.50 | 1. Arkansas | 126.75 | 1. Arkansas | 127 |
| 2. Florida | 129 | 2. Florida | 138 | 2. Texas A&M | 82 | 2. LSU | 120.5 |
| 3. Arkansas | 88.50 | 3. Arkansas | 111.50 | 3. Kentucky | 80 | 3. Alabama | 116) |
| 4. Tennessee | 85 | 4. Georgia | 108 | 4. Tennessee | 76 | 4. Texas A&M | 82 |
| 5. Kentucky | 84.50 | 5. Tennessee | 97 | 5. LSU | 75 | 5. Georgia | 64 |
| 6. Ole Miss | 73 | 6. Auburn | 41.50 | 6. Alabama | 67.25 | 6. Florida | 62 |
| 7. Auburn | 66 | 7. Ole Miss | 38.50 | 7. Florida | 61 | 7. Auburn | 59 |
| 8. South Carolina | 34.50 | 8. Alabama | 36 | 8. Georgia | 59 | 8. Ole Miss | 55 |
| 9. Alabama | 34 | 9. South Carolina | 35 | 9. Mississippi State | 49.50 | 9. Tennessee | 38 |
| 10. Georgia | 32 | 10. Mississippi State | 28 | 10. Auburn | 37 | 10. South Carolina | 29 |
| 11. Mississippi State | 28 | 11. Vanderbilt | 13.50 | 11. Ole Miss | 32.75 | 11. Kentucky | 28 |
| 12. Vanderbilt | 7 | 12. Kentucky | 10.50 | 12. Missouri | 29.75 | 12. Missouri | 26 |
| | | | | 13. South Carolina | 26 | 13. Mississippi State | 11.5 |
| | | | | 14. Vanderbilt | 16 | 14. Vanderbilt | 0 |
| 2009 | | 2013 | | 2017 | | 2022 | |
| 1. Florida | 135.5 | 1. Texas A&M | 117 | 1. Arkansas | 128 | 1. Florida | 107 |
| 2. LSU | 113 | 2. LSU | 112 | 2. LSU | 100 | 2. Arkansas | 103 |
| 3. Tennessee | 106 | 3. Arkansas | 109 | 3. Kentucky | 81 | 3. LSU | 96.5 |
| 4. Arkansas | 96.5 | 4. Florida | 106 | 4. Georgia | 77 | 4. Kentucky | 85 |
| 5. Auburn | 76 | 5. Georgia | 87 | 5. Florida | 76 | 5. Texas A&M | 74 |
| 6. Kentucky | 56 | 6. Missouri | 49 | 6. Texas A&M | 72 | 6. Ole Miss | 72 |
| 7. Alabama | 52.5 | 7. Kentucky | 46 | 7. Alabama | 57 | 7. Auburn | 57 |
| 8. South Carolina | 51 | 8. South Carolina | 40 | 8. Ole Miss | 47.5 | 8. Alabama | 48 |
| 9. Georgia | 45.5 | 9. Tennessee | 39.5 | 9. Missouri | 47 | 9. Tennessee | 34 |
| 10. Ole Miss | 44 | 10. Mississippi State | 35 | 10. Auburn | 42 | 10. Georgia | 33.5 |
| 11. Mississippi State | 42 | 11. Auburn | 32.5 | 11. South Carolina | 27 | 11. South Carolina | 32 |
| | | 12. Alabama | 20 | 11. Tennessee | 27 | 12. Missouri | 27 |
| | | 13. Vanderbilt | 16 | 13. Mississippi State | 24 | 12. Vanderbilt | 27 |
| | | 14. Ole Miss | 9 | 14. Vanderbilt | 13.5 | 14. Mississippi State | 22 |

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SEC Championship Meet Records

Running Events

| Event | Name (School) | Time | Year |
|--------------|--|----------|------|
| 100m | Aleia Hobbs (LSU) | 10.92 | 2018 |
| 100m Hurdles | Jasmine Camacho-Quinn (Kentucky) | 12.40 | 2018 |
| 200m | Favour Ofili (LSU) | 22.21 | 2022 |
| 400m | Athing Mu (Texas A&M) | 49.84 | 2021 |
| 400m Hurdles | Sydney McLaughlin (Kentucky) | 52.75 | 2018 |
| 800m | Tiffany McWilliams (Mississippi State) | 2:01.00 | 2004 |
| 1,500m | Tiffany McWilliams (Mississippi State) | 4:09.19 | 2004 |
| Steeplechase | Krissy Gear (Arkansas) | 9:38.62 | 2021 |
| 5,000m | Mercy Chelangat (Alabama) | 15:22.99 | 2022 |
| 10,000m | Mercy Chelangat (Alabama) | 32:13.13 | 2021 |
| 4x100m Relay | LSU (Brisco, Johnson, Martin, Hobbs) | 42.05 | 2018 |
| 4x400m Relay | Kentucky (Davis, Miles, Steiner, Holmes) | 3:21.93 | 2022 |

Field Events

| Event | Name (School) | Time | Year |
|--------------|------------------------------------|-----------------|------|
| High Jump | Jeannelle Scheper (South Carolina) | 1.96m/6-5 | 2015 |
| Long Jump | Tyra Gittens (Texas A&M) | 6.96m/22-0 | 2021 |
| Triple Jump | Keturah Orji (Georgia) | 14.62m/47-11.75 | 2018 |
| Pole Vault | Sandi Morris (Arkansas) | 4.72m/15-5.75 | 2015 |
| Shot Put | Latavia Maines (Tennessee) | 18.71m/61-4.75 | 2021 |
| Hammer Throw | Jenny Dahlgren (Georgia) | 71.78m/235-6 | 2006 |
| Discus | Shelbi Vaughan (Texas A&M) | 64.52m/211-8 | 2015 |
| Javelin | Maggie Malone (Texas A&M) | 59.50m/187-4 | 2016 |

Heptathlon

| Event | Name (School) | Time | Year |
|------------------|-----------------------------|----------------|------|
| Total Points | Tyra Gittens (Texas A&M) | 6,418 | 2021 |
| First-Day Points | Sharon Jaklofsky (LSU) | 4,309 | 1991 |
| 100m Hurdles | Alex Gochenour (Arkansas) | 12.98 | 2016 |
| High Jump | Tyra Gittens (Texas A&M) | 1.95m/6-4.75 | 2021 |
| Shot Put | Quintunya Chapman (Georgia) | 14.48m/47-6.25 | 2015 |
| 200m | Payton Stumbaugh (Arkansas) | 23.22 | 2017 |
| Long Jump | Tyra Gittens (Texas A&M) | 6.96m/22-0 | 2021 |
| Javelin | Jena Hemann (Texas A&M) | 47.31m/155-2 | 2015 |
| 800m | Lana Zimmerman (LSU) | 2:08.4 | 1983 |

Former Championship Events

| Event | Name (School) | Time | Year |
|--------|-----------------------------|---------|------|
| 3,000m | Heidi Olafsdottir (Alabama) | 9:15.51 | 1987 |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

SEC Individual Champions

100-Meter Dash

| | | |
|------|--------------------------|--------|
| 1981 | Benita Fitzgerald, UT | 11.44 |
| 1982 | Sharrieffa Barksdale, UT | 11.76 |
| 1983 | Benita Fitzgerald, UT | 11.52 |
| 1984 | Mary Bolden, UT | 11.35 |
| 1985 | Gwen Torrence, UG | 11.31 |
| 1986 | Pauline Davis, UA | 11.11 |
| 1987 | Pauline Davis, UA | 11.23 |
| 1988 | Pauline Davis, UA | 11.17 |
| 1989 | Dawn Sowell, LS | 11.32 |
| 1990 | Esther Jones, LS | 11.15 |
| 1991 | Esther Jones, LS | 11.35 |
| 1992 | Michelle Freeman, UF | 11.20 |
| 1993 | Cheryl Taplin, LS | 11.08w |
| 1994 | Cheryl Taplin, LS | 11.14 |
| 1995 | D'Andre Hill, LS | 11.10 |
| 1996 | D'Andre Hill, LS | 11.19 |
| 1997 | Peta-Gaye Dowdie, LS | 11.28 |
| 1998 | Debbie Ferguson, UG | 11.09w |
| 1999 | Debbie Ferguson, UG | 11.05 |
| 2000 | Peta-Gaye Dowdie, LS | 11.20 |
| 2001 | Muna Lee, LS | 11.28 |
| 2002 | Muna Lee, LS | 11.19 |
| 2003 | Muna Lee, LS | 11.12 |
| 2004 | Veronica Campbell, AR | 11.12 |
| 2005 | Cleo Tyson, UT | 11.25 |
| 2006 | Kerron Stewart, AU | 11.03 |
| 2007 | Kerron Stewart, AU | 11.10 |
| 2008 | Kelly Anne Baptiste, LS | 11.09 |
| 2009 | Kenyanna Wilson, LS | 11.32 |
| 2010 | Sheniqua Ferguson, AU | 11.19 |
| 2011 | Semoy Hackett, LS | 11.01w |
| 2012 | Kimberlyn Duncan, LS | 10.96 |
| 2013 | Kimberlyn Duncan, LS | 11.32 |
| 2014 | Olivia Ekpone', AM | 11.11 |
| 2015 | Aaliyah Brown, AM | 11.30 |
| 2016 | Kyra Jefferson, UF | 11.28 |
| 2017 | Aleia Hobbs, LS | 11.12 |
| 2018 | Aleia Hobbs, LS | 10.92 |
| 2019 | Sha'Carri Richardson, LS | 11.00 |
| 2021 | Tamara Clark, UA | 10.87 |
| 2022 | Favour Ofili, LS | 10.93 |

100-Meter Hurdles

| | | |
|------|------------------------|--------|
| 1981 | Benita Fitzgerald, UT | 13.24 |
| 1982 | Benita Fitzgerald, UT | 13.34 |
| 1983 | Benita Fitzgerald, UT | 13.00 |
| 1984 | Tonya Lowe, UK | 13.35 |
| 1985 | LaVonna Martin, UT | 13.28 |
| 1986 | LaVonna Martin, UT | 13.05 |
| 1987 | LaVonna Martin, UT | 13.07 |
| 1988 | LaVonna Martin, UT | 13.11 |
| 1989 | Tananjalyn Stanley, LS | 13.26 |
| 1990 | Tananjalyn Stanley, LS | 12.92 |
| 1991 | Mary Cobb, LS | 13.17 |
| 1992 | Michelle Freeman, UF | 12.79 |
| 1993 | Monifa Taylor, UF | 13.15 |
| 1994 | Debbie Parris, LS | 13.11 |
| 1995 | Kim Carson, LS | 13:23 |
| 1996 | Kim Carson, LS | 12.72 |
| 1997 | Astia Walker, LS | 12.82w |
| 1998 | Lacena Golding, AU | 13.06w |

| | | |
|------|---------------------------|--------|
| 1999 | Ellakisha Williams, SC | 13.08w |
| 2000 | Joyce Bates, LS | 12.89 |
| 2001 | Teneeshia Jones, UM | 13.40 |
| 2002 | Lolo Jones, LS | 13.01 |
| 2003 | Lolo Jones, LS | 13.05 |
| 2004 | Lolo Jones, LS | 12.83 |
| 2005 | Kasia Williams, AR | 13.25 |
| 2006 | Josanne Lucas, AU | 12.98 |
| 2007 | Jessica Ohanaja, LS | 13.10 |
| 2008 | Nickiesha Wilson, LS | 12.81 |
| 2009 | Celrice Law, UT | 13.22 |
| 2010 | Kimberley Laing, UA | 13.32 |
| 2011 | Jasmin Stowers, LS | 12.88 |
| 2012 | Jasmin Stowers, LS | 12.96 |
| 2013 | Donique' Flemings, AM | 13.03 |
| 2014 | Kendra Harrison, UK | 12.86 |
| 2015 | Kendra Harrison, UK | 12.50 |
| 2016 | Jasmine Camacho-Quinn, UK | 12.69 |
| 2017 | Jasmine Camacho-Quinn, UK | 12.81 |
| 2018 | Jasmine Camacho-Quinn, UK | 12.40 |
| 2019 | Janeek Brown, AR | 12.55 |
| 2021 | Tonea Marshall, LS | 12.62 |
| 2022 | Alia Armstrong, LS | 12.46 |

200-Meter Dash

| | | |
|------|-------------------------|--------|
| 1981 | Benita Fitzgerald, UT | 23.55 |
| 1982 | Benita Fitzgerald, UT | 23.50 |
| 1983 | Veronica Findley, UT | 23.79 |
| 1984 | Mary Bolden, UT | 23.30 |
| 1986 | Pauline Davis, UA | 22.89 |
| 1987 | L. Leatherwood-King, UA | 22.38 |
| 1988 | Pauline Davis, UA | 22.76 |
| 1989 | Dawn Sowell, LS | 22.87 |
| 1990 | Esther Jones, LS | 23.19 |
| 1991 | Esther Jones, LS | 23.23 |
| 1992 | Dahlia Duhaney, LS | 23.04 |
| 1993 | Juliet Campbell, AU | 22.81 |
| 1994 | Stacey Bowen, UA | 22.85 |
| 1995 | Zundra Feagin, LS | 22.84 |
| 1996 | Zundra Feagin, LS | 22.71 |
| 1997 | Astia Walker, LS | 22.69 |
| 1998 | Debbie Ferguson, UG | 22.53 |
| 1999 | Debbie Ferguson, UG | 22.35 |
| 2000 | Miki Barber, SC | 22.84 |
| 2001 | Muna Lee, LS | 23.13 |
| 2002 | Stephanie Durst, LS | 22.48 |
| 2003 | Erica Whipple, SC | 22.82 |
| 2004 | Veronica Campbell, AR | 22.41 |
| 2005 | Shalonda Soloman, SC | 22.74 |
| 2006 | Shalonda Solomon, SC | 22.36 |
| 2007 | Kerron Stewart, AU | 22.52 |
| 2008 | Natalie Knight, UF | 22.84 |
| 2009 | Samantha Henry, LS | 23.36 |
| 2010 | Sheniqua Ferguson, AU | 23.09 |
| 2011 | Kimberlyn Duncan, LS | 22.27w |
| 2012 | Kimberlyn Duncan, LS | 22.12w |
| 2013 | Kimberlyn Duncan, LS | 22.35 |
| 2014 | Olivia Ekpone', AM | 22.23 |
| 2015 | Kyra Jefferson, UF | 22.39 |
| 2016 | Felicia Brown, UT | 22.26 |
| 2017 | Kyra Jefferson, UF | 22.74 |
| 2018 | Lynna Irby, UG | 22.25 |

| | | |
|------|--------------------------|-------|
| 2019 | Sha'Carri Richardson, LS | 22.57 |
| 2021 | Tamara Clark, UA | 21.89 |
| 2022 | Favour Ofili, LS | 22.04 |

220-Meter Dash

| | | |
|------|-------------------|-------|
| 1985 | Gwen Torrence, UG | 22.96 |
|------|-------------------|-------|

400-Meter Dash

| | | |
|------|-------------------------|-------|
| 1981 | Delisa Walton, UT | 55.33 |
| 1982 | Cathy Rattray, UT | 52.63 |
| 1983 | Cathy Rattray, UT | 52.99 |
| 1984 | L. Leatherwood-King, UA | 51.69 |
| 1985 | Illrey Oliver, UT | 52.40 |
| 1986 | L. Leatherwood-King, UA | 51.15 |
| 1987 | L. Leatherwood-King, UA | 51.17 |
| 1988 | Denise Mitchell, UF | 52.05 |
| 1989 | Falilatu Ogunkoya, MS | 51.79 |
| 1990 | Falilatu Ogunkoya, MS | 52.25 |
| 1991 | Tasha Downing, UF | 52.22 |
| 1992 | Juliet Campbell, AU | 51.45 |
| 1993 | Youlanda Warren, LS | 52.23 |
| 1994 | Stacy Bowen, UA | 52.67 |
| 1995 | Youlanda Warren, LS | 51.61 |
| 1996 | Ebony Robinson, UF | 52.19 |
| 1997 | Nadia Graham, SC | 51.45 |
| 1998 | Tonique Williams, SC | 51.99 |
| 1999 | Mikele Barber, SC | 51.21 |
| 2000 | Miki Barber, SC | 50.98 |
| 2001 | Miki Barber, SC | 50.63 |
| 2002 | LaShinda Demus, SC | 51.24 |
| 2003 | DeeDee Trotter, UT | 51.65 |
| 2004 | Hazel-Ann Regis, LS | 50.64 |
| 2005 | Natasha Hastings, SC | 51.94 |
| 2006 | Patricia Hall, UT | 51.77 |
| 2007 | Natasha Hastings, SC | 51.10 |
| 2008 | Kenyata Coleman, UM | 52.09 |
| 2009 | LaJada Baldwin, UM | 51.95 |
| 2010 | Joanna Atkins, AU | 52.58 |
| 2011 | Joanna Atkins, AU | 51.83 |
| 2012 | Regina George, AR | 51.83 |
| 2013 | Regina George, AR | 51.74 |
| 2014 | Shamier Little, AM | 51.06 |
| 2015 | Taylor Ellis-Watson, AR | 51.18 |
| 2016 | Taylor Ellis-Watson, AR | 50.81 |
| 2017 | Daina Harper, AR | 51.16 |
| 2018 | Sharrika Barnett, UF | 50.69 |
| 2019 | Kethlin Campbell, AR | 51.03 |
| 2021 | Athing Mu, AM | 49.84 |
| 2022 | Britton Wilson, AR | 50.05 |

400-Meter Hurdles

| | | |
|------|--------------------------|---------|
| 1981 | Judy Thomas, UK | 1:01.52 |
| 1982 | Barbara Scott, UA | 58.65 |
| 1983 | Sharrieffa Barksdale, UT | 57.93 |
| 1984 | Sharrieffa Barksdale, UT | 57.10 |
| 1985 | Schowonda Williams, LS | 56.66 |
| 1986 | Schowonda Williams, LS | 57.64 |
| 1987 | Schowonda Williams, LS | 56.25 |
| 1988 | Schowonda Williams, LS | 58.17 |
| 1989 | Dorchelle Webster, UF | 56.93 |
| 1990 | Dorchelle Webster, UF | 57.49 |
| 1991 | Tonya Lee, UT | 55.78 |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

| | | | | | | | | |
|----------------------|---------------------------|---------|------------------------|----------------------------|---------|---------------------------------|-------------------------|----------|
| 1992 | Tonya Lee, UT | 57.52 | 2013 | Natoya Goule, LS | 2:01.12 | 1991 | Patty Wiegand, UT | 9:27.69 |
| 1993 | Debbie Ann Parris, LS | 57.50 | 2014 | Yanique Malcolm, UA | 2:03.28 | 1992 | Frida Thordardottir, UG | 9:28.49 |
| 1994 | Debbie Ann Parris, LS | 56.82 | 2015 | Brooke Feldmeier, UM | 2:04.44 | 1993 | Deena Drossin, AR | 9:20.87 |
| 1995 | Gudrun Amdardottir, UG | 56.88 | 2016 | Ariah Graham, UK | 2:03.63 | 1994 | Sarah Schwald, AR | 9:32.08 |
| 1996 | Gudrun Arndardottir, UG | 56.86 | 2017 | Jazmine Fray, AM | 2:02.00 | 1995 | Monika Ronnholm, UG | 9:22.38 |
| 1997 | Ryan Tolbert, VU | 56.87 | 2018 | Sammy Watson, AM | 2:03.37 | 1996 | Megan Flowers, AR | 9:32.00 |
| 1998 | Ryan Tolbert, VU | 57.56 | 2019 | Jazmine Fray, AM | 2:03.50 | 1997 | Amy Yoder, AR | 9:29.65 |
| 1999 | Ellakisha Williamson, SC | 57.32 | 2021 | Amber Tanner, UG | 2:02.94 | 1998 | Tracy Robertson, AR | 9:35.82 |
| 2000 | Petagay Gayle, UA | 56.44 | 2022 | Imogen Barrett, UF | 2:01.42 | 1999 | Jessica Koch, AR | 9:40.75 |
| 2001 | Tacita Bass, SC | 57.31 | | | | 2000 | Jessica Daily, AR | 9:29.03 |
| 2002 | Tiffany Ross, SC | 55.27 | | | | | | |
| 2003 | Tiffany Ross, SC | 57.13 | 1,500-Meter Run | | | 3,000-Meter Steeplechase | | |
| 2004 | Lashinda Demus, SC | 54.50 | 1981 | Linda Portaskik, UT | 4:28.07 | 2001 | Lilli Kleinmann, AR | 10:13.89 |
| 2005 | Tiffany Ross-Williams, SC | 55.68 | 1982 | Joetta Clark, UT | 4:21.40 | 2002 | Kylene Kownurko, VU | 10:34.21 |
| 2006 | Markita James, AU | 56.44 | 1983 | Joetta Clark, UT | 4:21.2 | 2003 | Shiloh Whiting, AR | 10:32.69 |
| 2007 | Nickiesha Wilson, LS | 55.77 | 1984 | Alisa Harvey, UT | 4:19.32 | 2004 | Maureen Scott, AR | 10:16.01 |
| 2008 | Amelia Anderson, AU | 57.15 | 1985 | Alisa Harvey, UT | 4:17.09 | 2005 | Maureen Scott, AR | 10:27.29 |
| 2009 | Danielle Gilchrist, AU | 57.83 | 1986 | Evelyn Adiru, UA | 4:18.37 | 2006 | Tiffany Redlarczyk, AR | 10:31.35 |
| 2010 | Cassandra Tate, LS | 57.12 | 1987 | Alisa Harvey, UT | 4:15.45 | 2007 | Sarah Madebach, UG | 10:13.73 |
| 2011 | Ellen Wortham, UT | 55.70 | 1988 | Evelyn Adiru, UA | 4:15.91 | 2008 | Sarah Madebach, UG | 10:14.89 |
| 2012 | Ellen Wortham, UT | 55.55 | 1989 | Jasmin Jones, UT | 4:17.81 | 2009 | Genevieve LaCaze, UF | 10:26.92 |
| 2013 | Sparkle McKnight, AR | 55.71 | 1990 | Jasmin Jones, UT | 4:20.31 | 2010 | Beatrice Biwott, SC | 10:20.14 |
| 2014 | Kendra Harrison, UK | 54.76 | 1991 | Jasmin Jones, UT | 4:16.03 | 2011 | Genevieve LaCaze, UF | 10:21.82 |
| 2015 | Shamier Little, AM | 54.68 | 1992 | Kristen Seabury, UA | 4:19.57 | 2012 | Genevieve LaCaze, UF | 10:13.99 |
| 2016 | Shamier Little, AM | 54.72 | 1993 | Vicky Lynch, UA | 4:20.64 | 2013 | Grace Heymsfield, AR | 10:01.74 |
| 2017 | Tyler Brockington, SC | 55.97 | 1994 | Sarah Schwald, AR | 4:23.28 | 2014 | Grace Heymsfield, AR | 9:57.14 |
| 2018 | Sydney McLaughlin, UK | 52.75 | 1995 | Monika Ronnholm, UG | 4:17.81 | 2015 | Jessica Kamilos, AR | 10:02.07 |
| 2019 | Jurnee Woodward, LS | 56.77 | 1996 | Janet Trujillo, AU | 4:24.32 | 2016 | Jessica Kamilos, AR | 9:48.16 |
| 2021 | Brittley Humphrey, LS | 56.14 | 1997 | Becki Wells, UF | 4:24.49 | 2017 | Katy Kunc, UK | 10:02.95 |
| 2022 | Britton Wilson, AR | 53.75 | 1998 | Tracy Robertson, AR | 4:25.90 | 2018 | Shelby Brown, UM | 10:05.58 |
| | | | 1999 | Hazel Clark, UF | 4:16.11 | 2019 | Devin Clark, AR | 9:55.86 |
| | | | 2000 | Jessica Dailey, AR | 4:21.55 | 2021 | Krissy Gear, AR | 9:38.62 |
| | | | 2001 | Tracy Robertson, AR | 4:20.89 | 2022 | Joyce Kimeli, AU | 9:49.13 |
| | | | 2002 | Christin Wurth, AR | 4:20.87 | | | |
| | | | 2003 | Tiffany McWilliams, MS | 4:12.18 | 5,000-Meter Run | | |
| | | | 2004 | Tiffany McWilliams, MS | 4:09.19 | 1981 | Kathy Bryant, UT | 16:34.83 |
| 800-Meter Run | | | 2005 | Erica Sigmont, AR | 4:26.12 | 1982 | Kathy Bryant, UT | 16:59.40 |
| 1981 | Joetta Clark, UT | 2:08.96 | 2006 | Sarah Bowman, UT | 4:21.10 | 1983 | Alison Quelch, UT | 16:30.6 |
| 1982 | Delisa Walton, UT | 2:05.55 | 2007 | Dacia Barr, AR | 4:14.97 | 1984 | Shelly Steely, UF | 16:23.3 |
| 1983 | Joetta Clark, UT | 2:06.07 | 2008 | Sarah Bowman, UT | 4:19.02 | 1985 | Shelly Steely, UF | 16:12.89 |
| 1984 | Joetta Clark, UT | 2:01.15 | 2009 | Sarah Bowman, UT | 4:15.03 | 1986 | Lisa Breiding, UK | 16:46.07 |
| 1985 | Camille Cato, LS | 2:03.57 | 2010 | Charlotte Browning, UF | 4:13.96 | 1987 | Lisa Breiding, UK | 16:38.10 |
| 1986 | Alisa Harvey, UT | 2:02.75 | 2011 | Brittany Sheffey, UT | 4:25.75 | 1988 | Elsbeth Turner, UA | 16:41.55 |
| 1987 | Alisa Harvey, UT | 2:02.51 | 2012 | Genevieve LaCaze, UF | 4:13.44 | 1989 | Valerie McGovern, UK | 16:42.75 |
| 1988 | Evelyn Adiru, UA | 2:04.81 | 2013 | Carly Hamilton, UG | 4:14.27 | 1990 | Valerie McGovern, UK | 15:59.47 |
| 1989 | Sylvia Brydson, LS | 2:03.75 | 2014 | Cory McGee, UF | 4:13.48 | 1991 | Patty Wiegand, UT | 16:34.97 |
| 1990 | Jasmin Jones, UT | 2:07.18 | 2015 | Dominique Scott, AR | 4:15.20 | 1992 | Amy Patterson, AU | 16:53.12 |
| 1991 | Nekita Beasley, UF | 2:02 | 2016 | Marta Freitas, MS | 4:24.00 | 1993 | Deena Drossin, AR | 16:07.73 |
| 1992 | Nekita Beasley, UF | 2:04.19 | 2017 | Nikki Hiltz, AR | 4:17.94 | 1994 | H. Shutt-Warner, UA | 16:33.36 |
| 1993 | Vicky Lynch, UA | 2:04.93 | 2018 | Rhianwedd Price-Weimer, MS | 4:18.79 | 1995 | Rachel Sauder, AU | 16:32.65 |
| 1994 | Tanya Blake, AR | 2:06.60 | 2019 | Imogen Barrett, UF | 4:17.29 | 1996 | Rachel Sauder, AU | 16:57.23 |
| 1995 | Mary McClung, UG | 2:06.09 | 2021 | Gabrielle Wilkinson, UF | 4:15.28 | 1997 | Amy Yoder, AR | 16:28.42 |
| 1996 | Donna Cargill, UA | 2:08.11 | 2022 | Sintayehu Vissa, UM | 4:08.72 | 1998 | Jessica Koch, AR | 16:38.70 |
| 1997 | Hazel Clark, UF | 2:02.52 | | | | 1999 | Amy Yoder, AR | 17:07.62 |
| 1998 | Hazel Clark, UF | 2:02.74 | 3,000-Meter Run | | | 2000 | Amy Yoder, AR | 16:48.33 |
| 1999 | Claudine Williams, LS | 2:02.52 | 1981 | Kathy Bryant, UT | 9:32.79 | 2001 | Amy Yoder-Begley, AR | 16:16.36 |
| 2000 | Tamieka Grizzle, UF | 2:04.80 | 1982 | Bernadette Madigan, UK | 9:36.37 | 2002 | Andreina Byrd, AR | 16:44.87 |
| 2001 | Nona Allen, UF | 2:06.47 | 1983 | Alison Quelch, UT | 9:29.74 | 2003 | Sharon Dickie, UT | 16:40.36 |
| 2002 | Nicole Cook, UT | 2:04.40 | 1984 | Shelly Steely, UF | 9:36.72 | 2004 | Erika Schneble, VU | 16:22.66 |
| 2003 | Tiffany McWilliams, MS | 2:02.74 | 1985 | Shelly Steely, UF | 9:18.40 | 2005 | Felicia Guliford, UT | 16:21.27 |
| 2004 | Tiffany McWilliams, MS | 2:01.96 | 1986 | Lisa Breiding, UK | 9:28.55 | 2006 | Angela Homan, AU | 16:28.57 |
| 2005 | Aneita Denton, AR | 2:02.94 | 1987 | Heidi Olafsdottir, UA | 9:15.51 | 2007 | Jill Steffens, UG | 16:23.80 |
| 2006 | Tanya Osbourne, LS | 2:06.26 | 1988 | Denise Bushallow, UK | 9:31.94 | 2008 | Rebecca Lowe, UF | 16:22.33 |
| 2007 | LaTavia Thomas, LS | 2:05.07 | 1989 | Valerie McGovern, UK | 9:26.94 | 2009 | Catherine White, AR | 16:29.72 |
| 2008 | LaTavia Thomas, LS | 2:03.39 | 1990 | Valerie McGovern, UK | 9:19.13 | | | |
| 2009 | Phoebe Wright, UT | 2:02.15 | | | | | | |
| 2010 | Phoebe Wright, UT | 2:01.81 | | | | | | |
| 2011 | Chanelle Price, UT | 2:04.22 | | | | | | |
| 2012 | Charlene Lipsey, LS | 2:02.60 | | | | | | |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

| | | | | | | | | |
|------|-----------------------|----------|------|---------|-------|------|-----------|---------|
| 2010 | Jackie Areson, UT | 16:20.89 | 1988 | LSU | 44.23 | 2009 | LSU | 3:34.11 |
| 2011 | Liz Costello, UT | 16:13.06 | 1989 | LSU | 43.86 | 2010 | Arkansas | 3:31.05 |
| 2012 | Genevieve LaCaze, UF | 16:26.38 | 1990 | LSU | 44.25 | 2011 | Arkansas | 3:32.23 |
| 2013 | Chelsea Oswald, UK | 16:01.50 | 1991 | LSU | 43.77 | 2012 | LSU | 3:29.25 |
| 2014 | Diane Robison, AR | 15:48.25 | 1992 | LSU | 43.89 | 2013 | Arkansas | 3:30.06 |
| 2015 | Dominique Scott, AR | 16:06.52 | 1993 | Alabama | 43.73 | 2014 | Texas A&M | 3:28.59 |
| 2016 | Dominique Scott, AR | 16:10.62 | 1994 | Alabama | 43.70 | 2015 | Florida | 3:27.84 |
| 2017 | Karissa Schweizer, MO | 15:51.76 | 1995 | LSU | 43.68 | 2016 | Florida | 3:29.32 |
| 2018 | Karissa Schweizer, MO | 15:58.14 | 1996 | LSU | 43.19 | 2017 | Texas A&M | 3:29.83 |
| 2019 | Taylor Werner, AR | 15:51.08 | 1997 | LSU | 43.59 | 2018 | Kentucky | 3:25.99 |
| 2021 | Mercy Chelangat, UA | 15:45.32 | 1998 | LSU | 43.51 | 2019 | Arkansas | 3:29.22 |
| 2022 | Mercy Chelangat, UA | 15:22.99 | 1999 | LSU | 43.80 | 2021 | Texas A&M | 3:26.17 |
| | | | 2000 | LSU | 43.83 | 2022 | Kentucky | 3:21.93 |

10,000-Meter Run

| | | |
|------|----------------------|----------|
| 1981 | Linda McLennon, UA | 35:41.30 |
| 1982 | Beth Farmer, UF | 35:12.01 |
| 1983 | Beth Farmer, UF | 35:43.1 |
| 1984 | Kathy Box, UA | 37:32.45 |
| 1985 | Shelly Steely, UF | 34:23.53 |
| 1986 | Jeni Nielson, UA | 34:29.60 |
| 1987 | Jeni Nielson, UA | 34:28.32 |
| 1988 | Elspeth Turner, UA | 34:38.90 |
| 1989 | Kristi Orre, UK | 35:25.20 |
| 1990 | Jolly Earle, UG | 35:00.32 |
| 1991 | Kelli Butler, UG | 34:43.55 |
| 1992 | Michelle Byrne, AR | 35:22.59 |
| 1993 | Michelle Byrne, AR | 35:08.02 |
| 1994 | H. Shutt-Warner, UA | 35:52.30 |
| 1995 | Rachel Sauder, AU | 34:38.07 |
| 1996 | Rachel Sauder, AU | 34:40.19 |
| 1997 | Nancy Vitoria, AU | 35:16.50 |
| 1998 | Tanya Povey, SC | 35:07.62 |
| 1999 | Amy Yoder, AR | 34:40.39 |
| 2000 | Amy Yoder, AR | 35:59.22 |
| 2001 | Amy Yoder-Begley, AR | 35:23.40 |
| 2002 | Lilli Klienmann, AR | 35:53.44 |
| 2003 | Penny Splichal, AR | 35:36.23 |
| 2004 | Angela Homan, AU | 34:18.10 |
| 2005 | Angela Homan, AU | 34:21.19 |
| 2006 | Angela Homan, AU | 34:10.42 |
| 2007 | Jill Steffens, UG | 35:45.48 |
| 2008 | Rebecca Lowe, UF | 34:13.07 |
| 2009 | Catherine White, AR | 35:07.50 |
| 2010 | Bridget Lyons, UG | 34:44.88 |
| 2011 | Liz Costello, UT | 33:42.96 |
| 2012 | Kristie Krueger, UG | 34:49.10 |
| 2013 | Chelsea Oswald, UK | 33:38.35 |
| 2014 | Dominique Scott, AR | 33:51.84 |
| 2015 | Diane Robison, AR | 33:55.12 |
| 2016 | Chelsea Blaase, UT | 34:00.47 |
| 2017 | Jamie Kempfer, MO | 33:52.19 |
| 2018 | Megan Cunningham, MO | 33:47.05 |
| 2019 | Jessica Pascoe, UF | 34:08.41 |
| 2021 | Mercy Chelangat, UA | 32:13.13 |
| 2022 | Mercy Clelangat, UA | 33:15.66 |

4x100-Meter Relay

| | | |
|------|-----------|-------|
| 1981 | Kentucky | 46.04 |
| 1982 | Tennessee | 45.07 |
| 1983 | Alabama | 46.25 |
| 1984 | Tennessee | 44.61 |
| 1985 | LSU | 44.47 |
| 1986 | Alabama | 44.31 |
| 1987 | Alabama | 43.81 |

| | | |
|------|----------------|-------|
| 2001 | South Carolina | 43.48 |
| 2002 | LSU | 43.06 |
| 2003 | LSU | 43.22 |
| 2004 | LSU | 43.15 |
| 2005 | South Carolina | 43.78 |
| 2006 | South Carolina | 43.81 |
| 2007 | South Carolina | 43.33 |
| 2008 | LSU | 42.80 |
| 2009 | Auburn | 44.11 |
| 2010 | Auburn | 43.38 |
| 2011 | LSU | 43.47 |
| 2012 | LSU | 43.27 |
| 2013 | Texas A&M | 43.43 |
| 2014 | Texas A&M | 43.20 |
| 2015 | Texas A&M | 42.61 |
| 2016 | LSU | 42.77 |
| 2017 | LSU | 42.56 |
| 2018 | LSU | 42.05 |
| 2019 | LSU | 42.93 |
| 2021 | LSU | 42:52 |
| 2022 | LSU | 42.59 |

4x400-Meter Relay

| | | |
|------|----------------|---------|
| 1981 | Tennessee | 3:44.02 |
| 1982 | Tennessee | 3:37.21 |
| 1983 | Tennessee | 3:41.32 |
| 1984 | Alabama | 3:49.03 |
| 1985 | Florida | 3:37.61 |
| 1986 | Tennessee | 3:42.03 |
| 1987 | Tennessee | 3:33.86 |
| 1988 | LSU | 3:34.85 |
| 1989 | LSU | 3:35.83 |
| 1990 | Florida | 3:33.14 |
| 1991 | Florida | 3:35.23 |
| 1992 | Auburn | 3:34.29 |
| 1993 | Alabama | 3:36.27 |
| 1994 | LSU | 3:34.72 |
| 1995 | LSU | 3:32.67 |
| 1996 | Florida | 3:33.44 |
| 1997 | Florida | 3:31.58 |
| 1998 | LSU | 3:30.89 |
| 1999 | South Carolina | 3:32.94 |
| 2000 | South Carolina | 3:31.44 |
| 2001 | South Carolina | 3:31.24 |
| 2002 | South Carolina | 3:30.68 |
| 2003 | Florida | 3:32.58 |
| 2004 | LSU | 3:27.04 |
| 2005 | South Carolina | 3:29.79 |
| 2006 | Auburn | 3:31.35 |
| 2007 | South Carolina | 3:28.44 |
| 2008 | LSU | 3:32.09 |

3,200-Meter Relay

| | | |
|------|-----------|---------|
| 1981 | Tennessee | 9:54.90 |
|------|-----------|---------|

w - Wind-Aided

High Jump

| | | |
|------|---------------------------|---------|
| 1981 | Terri Johnson, UA | 5-9 |
| 1982 | Terri Johnson, UA | 5-11 |
| 1983 | Disa Gisladottir, UA | 5-11.25 |
| 1984 | Disa Gisladottir, UA | 6-0 |
| 1985 | Yutta Shelton, UA | 5-9.50 |
| 1986 | Laura Agront, UA | 5-11 |
| 1987 | Laura Agront, UA | 6-0 |
| 1988 | Sissy Costner, AU | 6-0 |
| 1989 | Sissy Costner, AU | 6-0 |
| 1990 | Maria Galloni, UF | 5-11.50 |
| 1991 | Maria Galloni, UF | 5-11.25 |
| 1992 | Jennifer McDonald, AR | 5-8 |
| | Lauretta Freeman, AU | 5-8 |
| | Maria Galloni, UF | 5-8 |
| 1993 | Gai Kapernick, LS | 6-0.50 |
| 1994 | Gai Kapernick, LS | 6-0.50 |
| 1995 | Reeta Laaksonen, UG | 5-10.75 |
| 1996 | Reeta Laaksonen, UG | 6-0.50 |
| 1997 | Hareldau Argyle, LS | 5-10.50 |
| 1998 | Naketira Jones, AU | 6-0.50 |
| 1999 | Latifah Long, UG | 5-11.50 |
| 2000 | Latifah Long, UG | 5-10 |
| 2001 | Latifah Long, UG | 5-10.50 |
| 2002 | Janet Crawford, UK | 5-8.75 |
| 2003 | Jessica Johnson, AR | 5-9.75 |
| 2004 | Hyleas Fountain, UG | 5-9.75 |
| 2005 | Patricia Sylvester, UG | 5-8.75 |
| 2006 | Levern Spencer, UG | 5-11.50 |
| 2007 | Levern Spencer, UG | 6-1.25 |
| 2008 | Raevan Harris, AU | 6-0 |
| 2009 | Raevan Harris, AU | 5-11.50 |
| 2010 | Maya Pressley, AU | 5-10.75 |
| 2011 | Maya Pressley, AU | 6-0.75 |
| 2012 | Taylor Burke, UF | 6-0 |
| 2013 | Saniel Atkinson Grier, UG | 6-0.75 |
| 2014 | Leontia Kallenou, UG | 6-3.50 |
| 2015 | Jeannelle Scheper, SC | 6-5 |
| 2016 | Madeline Fagan, UG | 6-0.5 |
| 2017 | Tatiana Gusin, UG | 6-2 |
| 2018 | Tatiana Gusin, UG | 6-0 |
| 2019 | Ellen Ekholm, UK | 5-11.5 |
| 2021 | Rachel Glenn, SC | 6-2.25 |
| 2022 | Lamara Distin, AM | 6-4.75 |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

Long Jump

| | | |
|------|--------------------------|----------|
| 1981 | Sharrieffa Barksdale, UT | 19-7.25 |
| 1982 | Barbara Scott, UA | 20-9.75 |
| 1983 | Sharrieffa Barksdale, UT | 20-5.25 |
| 1984 | Kathy Rankins, UG | 21-1 |
| 1985 | Sharon Clarke, LS | 21-5.50 |
| 1986 | Sharon Clarke, LS | 20-7.75 |
| 1987 | Flora Hyacinth, UA | 21-6.50 |
| 1988 | Claire Conner, LS | 21-3.50 |
| 1989 | Catherine Colter, UG | 20-4 |
| 1990 | Flora Hyacinth, UA | 20-2.50 |
| 1991 | Dahlia Duhaney, LS | 20-8 |
| 1992 | Dionne Rose, UF | 21-11 |
| 1993 | Daphnie Saunders, LS | 22-6.25 |
| 1994 | Dedra Davis, UT | 22-0.25 |
| 1995 | Marita Hunt, LS | 21-5.50 |
| 1996 | Colleen Gillies, AU | 21-4.25 |
| 1997 | Lacena Golding, AU | 20-1.50 |
| 1998 | Lacena Golding, AU | 21-4 |
| 1999 | Monique Freeman, LS | 20-11.25 |
| 2000 | Tisha Parker, UM | 21-9 |
| 2001 | Myra Combs, LS | 20-7.75 |
| 2002 | Elva Goulbourne, AU | 22-4.50 |
| 2003 | Elva Goulbourne, AU | 22-5 |
| 2004 | Hyleas Fountain, UG | 21-7.50 |
| 2005 | Tianna Madison, UT | 22-8.50 |
| 2006 | Patricia Sylvester, UG | 21-7.50 |
| 2007 | Brittney Reese, UM | 21-11.75 |
| 2008 | Brittney Reese, UM | 22-5.25 |
| 2009 | Shara Proctor, UF | 21-1.50 |
| 2010 | Shara Proctor, UF | 21-11.50 |
| 2011 | Rochelle Farquharson, MS | 21-3.25 |
| 2012 | Rachel Jenkins, UM | 20-9.75w |
| 2013 | LaQue Moen-Davis, AM | 21-6w |
| 2014 | Rochelle Farquharson, MS | 21-2.50 |
| 2015 | Quanesha Burks, UA | 22-5.25 |
| 2016 | Quanesha Burks, UA | 22-2.5 |
| 2017 | Quanesha Burks, UA | 22-4.5 |
| 2018 | Keturah Orji, UG | 22-4.25 |
| 2019 | Yanis David, UF | 21-10 |
| 2021 | Deborah Acquah, AM | 22-3.75 |
| 2022 | Jasmine Moore, UF | 22-1.0 |

Triple Jump

| | | |
|------|--------------------------|-----------|
| 1985 | Julie Lewis | 42-0 |
| 1986 | Sharon Clarke, LS | 42-8 |
| 1987 | Flora Hyacinth, UA | 45-0.50 |
| 1988 | Julie Lewis, LS | 42-0 |
| 1989 | Catherine Colter, UG | 41-3 |
| 1990 | Flora Hyacinth, UA | 43-3 |
| 1991 | Leah Kirklín, UF | 43-5.75 |
| 1992 | Leah Kirklín, UF | 43-4 |
| 1993 | Camille Jackson, LS | 44-3.25 |
| 1994 | Niambi Dennis, UA | 42-5.50 |
| 1995 | Icolyn Kelly, UG | 43-4.25 |
| 1996 | Suzette Lee, LS | 45-10.75w |
| 1997 | Suzette Lee, LS | 43-2.25 |
| 1998 | Chukwewete Olomina, UG | 42-6.25 |
| 1999 | Keisha Spencer, LS | 43-8.75 |
| 2000 | Keisha Spencer, LS | 46-2.75 |
| 2001 | Shelly-Ann Gallimore, AU | 43-4.50 |
| 2002 | Nicole Toney, LS | 43-7 |
| 2003 | Nicole Toney, LS | 43-11.75 |
| 2004 | Shelly-Ann Gallimore, AU | 44-2 |

| | | |
|------|------------------------|----------|
| 2005 | Kemesha Whitemire, SC | 43-7 |
| 2006 | Patricia Sylvester, UG | 43-9.75 |
| 2007 | Andrea Linton, LS | 44-1.25 |
| 2008 | Shara Proctor, UF | 44-9.75 |
| 2009 | Shara Proctor, UF | 44-0.75 |
| 2010 | Shara Proctor, UF | 43-3.25 |
| 2011 | Maria Augutis, UG | 43-7.25 |
| 2012 | Ciarra Brewer, UF | 44-6.75 |
| 2013 | Ciarra Brewer, UF | 45-5.25 |
| 2014 | Ciarra Brewer, UF | 45-7.75 |
| 2015 | Keturah Orji, UG | 46-4.25 |
| 2016 | Keturah Orji, UG | 47-10.75 |
| 2017 | Keturah Orji, UG | 45-9.25 |
| 2018 | Keturah Orji, UG | 47-11.75 |
| 2019 | Yanis David, UF | 47-1 |
| 2021 | Jasmine Moore, UF | 47-2.5 |
| 2022 | Jasmine Moore, UF | 47-5.25 |

Shot Put

| | | |
|------|--------------------------|----------|
| 1981 | Rosemarie Hauch, UT | 57-7.25 |
| 1982 | Rosemarie Hauch, UT | 54-9 |
| 1983 | Patricia Walsh, UT | 49-4.50 |
| 1984 | Teresa Wiliford, LS | 52-6.50 |
| 1985 | Jill Palmer, UG | 50-2 |
| 1986 | Teresa Wiliford, LS | 48-10.75 |
| 1987 | Kym Carter, LS | 47-9 |
| 1988 | Colleen Rosensteel, UF | 49-5 |
| 1989 | Colleen Rosensteel, UF | 48-8.25 |
| 1990 | Sharon Simmons, MS | 49-1.75 |
| 1991 | Danyel Mitchell, LS | 48-0.75 |
| 1992 | Danyel Mitchell, LS | 53-9 |
| 1993 | Danyel Mitchell, LS | 54-1.25 |
| 1994 | Danyel Mitchell, LS | 53-6.50 |
| 1995 | Alana Preston, UT | 54-9.25 |
| 1996 | Crystal Brownlee, SC | 55-1.50 |
| 1997 | Crystal Brownlee, SC | 55-4.75 |
| 1998 | Crystal Brownlee, SC | 55-11.25 |
| 1999 | Rhonda Hackett, UG | 52-1.75 |
| 2000 | Rhonda Hackett, UG | 53-3 |
| 2001 | Stacy Martin, AU | 49-10 |
| 2002 | Candice Scott, UF | 54-2.50 |
| 2003 | Karen Freberg, UF | 55-9.75 |
| 2004 | Kimberli Barrett, UF | 57-6.25 |
| 2005 | Beth Mallory, UA | 54-2.50 |
| 2006 | Aymara Albury, UA | 56-1.25 |
| 2007 | Mariam Kevkshishvili, UF | 55-11.25 |
| 2008 | Annie Alexander, UT | 56-6.75 |
| 2009 | Mariam Kevkshishvili, UF | 59-2.75 |
| 2010 | Mariam Kevkshishvili, UF | 59-0 |
| 2011 | Annie Alexander, UT | 57-5 |
| 2012 | Annie Alexander, UT | 56-3.75 |
| 2013 | Kearsten Peoples, MU | 58-4.75 |
| 2014 | Jill Rushin, MU | 56-4.75 |
| 2015 | Jill Rushin, MU | 56-8 |
| 2016 | Raven Saunders, UM | 60-11.5 |
| 2017 | Lloydricia Cameron, UF | 55-6.25 |
| 2018 | Janeah Stewart, UM | 58-11.5 |
| 2019 | Portious Warren, UA | 56-11.5 |
| 2021 | Latavia Maines, UT | 61-4.75 |
| 2022 | Ana da Silva, UG | 60-6.75 |

Hammer Throw

| | | |
|------|-------------------|-------|
| 1997 | Lisa Misipeka, SC | 206-7 |
| 1998 | Lisa Misipeka, SC | 213-3 |

| | | |
|------|------------------------|--------|
| 1999 | Michelle Fournier, SC | 206-3 |
| 2000 | Katie McCoy, UG | 183 |
| 2001 | Katie McCoy, UG | 203-10 |
| 2002 | Candice Scott, UF | 198-7 |
| 2003 | Candice Scott, UF | 217-10 |
| 2004 | Candice Scott, UF | 221-2 |
| 2005 | Sultana Frizell, UG | 213-3 |
| 2006 | Jenny Dahlgren, UG | 235-6 |
| 2007 | Jenny Dahlgren, UG | 227-0 |
| 2008 | Valentina Srsa, AU | 196-11 |
| 2009 | Angelica Howard, UA | 195-10 |
| 2010 | Nikola Lomnicka, UG | 207-7 |
| 2011 | Nikola Lomnicka, UG | 208-4 |
| 2012 | Nikola Lomnicka, UG | 205-9 |
| 2013 | Elizabeth Tepe, UG | 203-4 |
| 2014 | Elizabeth Tepe, UG | 210-7 |
| 2015 | Kearsten Peoples, MU | 207 |
| 2016 | Beckie Famurewa, UK | 210-1 |
| 2017 | Beatrice Llano, UG | 215 |
| 2018 | Stamatia Scarvelis, UT | 217-2 |
| 2019 | Stamatia Scarvelis, UT | 224-2 |
| 2021 | Emma Robbins, LS | 220-4 |
| 2022 | Madi Malone, AU | 227-08 |

Discus

| | | |
|------|------------------------|--------|
| 1981 | Krissy Terpening, AU | 152-6 |
| 1982 | Jackie Wallace, UT | 170-3 |
| 1983 | Patricia Walsh, UT | 186-8 |
| 1984 | Karen McDonald, UT | 169-2 |
| 1985 | Patricia Walsh, UT | 179-10 |
| 1986 | Janet Matthews, UF | 170-2 |
| 1987 | Janet Matthews, UF | 175-3 |
| 1988 | Colleen Rosensteel, UF | 177-2 |
| 1989 | Colleen Rosensteel, UF | 172-1 |
| 1990 | Raelene Carter, UF | 157-10 |
| 1991 | Ingrid Belz, UG | 175-9 |
| 1992 | Alana Preston, UT | 171-3 |
| 1993 | Danyel Mitchell, LS | 187-2 |
| 1994 | Danyel Mitchell, LS | 194-4 |
| 1995 | Dawn Ellerbe, SC | 167-0 |
| 1996 | Dawn Ellerbe, SC | 181-3 |
| 1997 | Kristin Heaston, UF | 178-6 |
| 1998 | Kristin Heaston, UF | 182-1 |
| 1999 | Rhonda Hackett, UG | 180-4 |
| 2000 | Rhonda Hackett, UG | 179-1 |
| 2001 | Marie LeJour, AR | 169-0 |
| 2002 | Diane Slinden, UT | 180-1 |
| 2003 | Rachel Longfors, UF | 180-9 |
| 2004 | Beth Mallory, UA | 177-11 |
| 2005 | Beth Mallory, UA | 189-7 |
| 2006 | Beth Mallory, UA | 176-11 |
| 2007 | Precious Akins, SC | 167-11 |
| 2008 | Annie Alexander, UT | 187-6 |
| 2009 | Ashley Muffet, UK | 182-0 |
| 2010 | Samia Stokes, LS | 168-5 |
| 2011 | Annie Alexander, UT | 184-5 |
| 2012 | Annie Alexander, UT | 186-3 |
| 2013 | Shelbi Vaughan, AM | 185-10 |
| 2014 | Shelbi Vaughan, AM | 208-8 |
| 2015 | Shelbi Vaughan, AM | 211-8 |
| 2016 | Shelbi Vaughan, AM | 197-0 |
| 2017 | Gabi Jacobs, MO | 185-7 |
| 2018 | Gabi Jacobs, MO | 183-5 |
| 2019 | Gabi Jacobs, MO | 191-0 |

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2021 Tedreauna Britt, UM 178-8
 2022 Maura Huwalt, AU 184-05

Javelin

1981 Sue Gibson, UA 178-11
 1982 Pam Passera UT 146-7
 1983 Iris Gronfeldt, UA 171-10
 1984 Iris Gronfeldt, UA 183-5
 1985 Iris Gronfeldt, UA 174-0
 1986 Iris Gronfeldt, UA 177-10
 1987 Laverne Eve, LS 204-9
 1988 Cheryl Coker, LS 165-10
 1989 Kim Engel, UG 182-5
 1990 Cindy Herceg, UF 164-10
 1991 Amanda Cockburn, UG 145-11
 1992 Ruth Ann Brooks, UF 164-4
 1993 Cindy Herceg, UF 181-9
 1994 Leslie Coons, SC 168-0
 1995 Mary Jo Schultz, UK 159-11
 1996 Vidgis Gudjonsdottir, UG 170-6
 1997 Vidgis Gudjonsdottir, UG 175-4
 1998 Vidgis Gudjonsdottir, UG 162-9
 1999 Vigdis Gudjonsdottir, UG 171-1
 2000 Emily Carlsten, UF 180-9
 2001 Denita Miller, UT 153-7
 2002 Lindsay Daniel, UG 161-10
 2003 Krista Woodward, UG 163-9
 2004 Maria Romero, LS 138-3
 2005 Krista Woodward, UG 168-6
 2006 Krista Woodward, UG 167-5
 2007 Krista Woodward, UG 169-4
 2008 Evelien Dekkers, UF 169-6
 2009 Evelien Dekkers, UF 173-11
 2010 Evelien Dekkers, UF 168-8
 2011 Fawn Miller, UF 168-10
 2012 Allison Updike, UG 161-2
 2013 Marija Vucenovic, UF 173-7
 2014 Fawn Miller, UF 187-4
 2015 Rebekah Wales, LS 177
 2016 Maggie Malone, AM 195-2
 2017 Rebekah Wales, LS 191-0
 2018 Avione Allgood, UF 181-9
 2019 Kylee Carter, AU 181-3
 2021 Marie Therese Obst, UG 187-11
 2022 Ashley Carter, AU 180-1

Pole Vault

1998 Kylene Nixon, SC 12-8.25
 1999 Tracy Carrington, UT 12-0
 2000 Christie Elwin, UT 12-8.25
 2001 Megan Westfall, UF 12-10.75
 2002 Megan Westfall, UF 12-8
 2003 April Steiner, AR 13-7.25
 2004 Jessica Reust, UT 13-3.50
 2005 Kierney Hiteshew, UG 13-6.50
 2006 Kierney Jackson, UG 13-11
 2007 Jodi Unger, AR 13-6.25
 2008 Katie Stripling, AR 13-6.50
 2009 Katie Stripling, AR 14-5.25
 2010 Tina Sutej, AR 13-9.75
 2011 Tina Sutej, AR 15-1.50
 2012 Morgann Leleux, UG 14-6.75
 2013 Morgann Leleux, UG 13-9.25
 2014 Sandi Morris, AR 14-9

2015 Sandi Morris, AR 15-5.75
 2016 Alexis Weeks, AR 15-0
 2017 Alexis Weeks, AR 14-7.25
 2018 Alexis (Weeks) Jacobus, AR 15-3
 2019 Kristen Denk, VU 14-3.5
 2021 Nastassja Campbell, AR 14-10.75
 2022 Amanda Fassold, AR 14-9

Heptathlon

1981 Nora Araujo, AU 4,894
 1982 Myrtle Chester, UT 5,540
 1983 Debbie DaCosta, UG 5,579
 1984 Myrtle Chester, UT 5,648
 1985 Yutta Shelton, UA 5,491
 1986 Cheryl Wilson, LS 5,627
 1987 Heidi Mann, UF 5,737
 1988 Rhonda Phillips, LS 5,128
 1989 Cheryl Wilson, LS 5,671
 1990 Tonya Lee, UT 5,587
 1991 Sharon Jaklofsky, LS 5,969
 1992 Sharon Jaklofsky, LS 5,904
 1993 Sharon Jaklofsky, LS 5,628
 1994 Marvena Almond, UT 5,498
 1995 Claire Phythinian, AR 5,455
 1996 Marvena Almond, UT 5,596
 1997 Erin Narzinski, SC 5,607
 1998 Lacena Golding, AU 5,750
 1999 Erin Narzinski, SC 5,565
 2000 GiGi Miller, AR 3,436
 2001 GiGi Miller, AR 5,704
 2002 Tacita Bass, SC 5,588
 2003 Hyleas Fountain, UG 5,626
 2004 Josie Hahn, VU 5,492
 2005 Jessica Stockard, UG 5,720
 2006 Garnetta Holloway, VU 5,321
 2007 Nia Ali, UT 5,490
 2008 Marrison Harris, MS 5,600
 2009 Etienne Chaplin, AR 5,594
 2010 Chelsea Taylor, UA 5,672
 2011 Makeba Alcide, AR 5,646
 2012 Brittany Harrell, UF 5,838
 2013 Makeba Alcide, AR 5,968
 2014 Kendell Williams, UG 5,877
 2015 Erica Bougard, MS 6,250
 2016 Erica Bougard, MS 6,170
 2017 Taliyah Brooks, AR 6,099
 2018 Tyra Gittens, AM 6,074
 2019 Amanda Froeynes, UF 5,801
 2021 Tyra Gittens, AM 6,418
 2022 Sterling Lester, UF 5,749

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SEC Honors and Awards

High-Points Scorer

| | | |
|------|------------------------|-------|
| 1984 | Myrtle Chester, UT | 31 |
| 1985 | Shelly Steely, UF | 30 |
| 1986 | Flora Hyacinth, UA | 26.5 |
| 1987 | Flora Hyacinth, UA | 34.5 |
| 1988 | Schowonda Williams, LS | 28 |
| 1989 | Dawn Sowell, LS | 22.5 |
| 1990 | Flora Hyacinth, UA | 20 |
| 1991 | Dahlia Duhaney, LS | 26 |
| 1992 | Michelle Freeman, UF | 22 |
| | Dionne Rose, UF | 22 |
| 1993 | Sharon Jaklofsy, LS | 23 |
| 1994 | Stacy Bowen, UA | 24.5 |
| 1995 | Icolyn Kelly, UG | 32.5 |
| 1996 | Dawn Ellerbe, SC | 26 |
| 1997 | Astia Walker, LS | 22.5 |
| 1998 | Lacena Golding, AU | 30.75 |
| 1999 | Debbie Ferguson, UG | 23.5 |
| 2000 | Jessica Dailey, AR | 28 |
| | Amy Yoder, AR | 28 |
| 2001 | Marie LeJour, AR | 23 |
| 2002 | LaQuanda Cotton, UF | 22 |
| | Antoinette Wilks, SC | 22 |
| 2003 | Erica Whipple, SC | 18 |
| 2004 | Hyleas Foutnain, UG | 34.5 |
| 2005 | Beth Mallory, UA | 26 |
| 2006 | Patricia Sylvester, UG | 28 |
| 2007 | Ashley Muffet, UK | 22 |
| | Kerron Stewart, AU | 22 |
| 2008 | Brittney Reese, UM | 27.25 |
| 2009 | Ashley Muffet, UK | 21 |
| 2010 | Sheniqua Ferguson, AU | 22.5 |
| 2011 | Semoy Hackett, LS | 20.5 |
| 2012 | Genevieve LaCaze, UF | 30 |
| 2013 | Kimberlyn Duncan, LS | 22 |
| 2014 | Olivia Ekpone', AM | 22.5 |
| 2015 | Dominique Scott, AR | 20 |
| 2016 | Raven Saunders, UM | 21 |
| 2017 | Janeah Stewart, UM | 20 |
| 2018 | Janeah Stewart, UM | 24 |
| 2019 | Stamatia Scarvelis, UT | 23 |
| 2021 | Tyra Gittens, AM | 23 |
| 2022 | Favour Ofili, LS | 22.5 |

SEC Coach of the Year

| | |
|------|---------------------|
| 1990 | Beverly Kearney, UF |
| 1991 | Pat Henry, LS |
| 1992 | Beverly Kearney, UF |
| 1993 | Pat Henry, LS |
| 1994 | Pat Henry, LS |
| 1995 | John Mitchell, UG |
| 1996 | Greg Kraft, SC |
| 1997 | Tom Jones, UF |
| 1998 | Tom Jones, UF |
| 1999 | Curtis Frye, SC |
| 2000 | Lance Harter, AR |
| 2001 | Lance Harter, AR |
| 2002 | Curtis Frye, SC |
| 2003 | Tom Jones, UF |
| 2004 | Lance Harter, AR |
| 2005 | Curtis Frye, SC |
| 2006 | Wayne Norton, UG |
| 2007 | Dennis Shaver, LS |
| 2008 | Dennis Shaver, LS |
| 2009 | Mike Holloway, UF |

| | |
|------|-------------------|
| 2010 | Dennis Shaver, LS |
| 2011 | Dennis Shaver, LS |
| 2012 | Dennis Shaver, LS |
| 2013 | Pat Henry, AM |
| 2014 | Lance Harter, AR |
| 2015 | Lance Harter, AR |
| 2016 | Lance Harter, AR |
| 2017 | Lance Harter, AR |
| 2018 | Mike Holloway, UF |
| 2019 | Lance Harter, AR |
| 2021 | Lance Harter, AR |
| 2022 | Mike Holloway, UF |

SEC Athlete of the Year

| | |
|------|-----------------------|
| 1993 | Juliet Campbell, AU |
| 1994 | Debbie Ann Parris, LS |
| 1995 | D'Andre Hill, LS |
| 1996 | D'Andre Hill, LS |
| 1997 | Ryan Tolbert, VU |
| 1998 | Debbie Ferguson, UG |
| 1999 | Debbie Ferguson, UG |
| 2000 | Peta Gaye-Dowdie, LS |
| 2001 | Amy Yoder-Begley, AR |
| 2002 | LaShinda Demus, SC |
| 2003 | Aleen Bailey, SC |

SEC Runner of the Year

| | |
|------|------------------------|
| 2004 | Tiffany McWilliams, MS |
| 2005 | Aneita Denton, AR |
| 2006 | Kerron Stewart, AU |
| 2007 | Kerron Stewart, AU |
| 2008 | Kelly Ann Baptiste, LS |
| 2009 | Catherine White, AR |
| 2010 | Sheniqua Ferguson, AU |
| 2011 | Semoy Hackett, LS |
| 2012 | Genevieve LaCaze, UF |
| | Kimberlyn Duncan, LS |
| 2013 | Kimberlyn Duncan, LS |
| 2014 | Olivia Ekpone, AM |
| 2015 | Dominique Scott, AR |
| 2016 | Felicia Brown, UT |
| | Dominique Scott, AR |
| 2017 | Aleia Hobbs, LS |
| 2018 | Karrisa Schweizer, MO |
| 2019 | Janeek Brown, AR |
| 2021 | Tamara Clark, UA |
| 2022 | Britton Wilson, AR |

SEC Field Athlete of the Year

| | |
|------|-------------------------|
| 2004 | Hyleas Fountain, UG |
| 2005 | Beth Mallory, UA |
| 2006 | Jennifer Dahlgren, UG |
| 2007 | Brittney Reese, UM |
| 2008 | Brittney Reese, UM |
| 2009 | Ashley Muffet, UK |
| | Katie Stripling, AR |
| 2010 | Mariam Kevkhishvili, UF |
| 2011 | Tina Sutej, AR |
| 2012 | Annie Alexander, UT |
| 2013 | Makeba Alcide, AR |
| 2014 | Ciarra Brewer, UF |
| | Shelbi Vaughan, AM |
| 2015 | Erica Bougard, MS |
| 2016 | Keturah Orji, UG |
| 2017 | Keturah Orji, UG |

| | |
|------|-------------------|
| 2018 | Keturah Orji, UG |
| 2019 | Yanis David, UF |
| 2021 | Tyra Gittens, AM |
| 2022 | Jasmine Moore, UF |

SEC Freshman of the Year

| | |
|------|--------------------------|
| 2000 | Shelly-Ann Gallimore, AU |
| 2001 | Muna Lee, LS |
| 2002 | LaShinda Demus, SC |
| 2003 | Krista Woodward, UG |

SEC Freshman Runner of the Year

| | |
|------|---------------------------|
| 2004 | Tiandra Panteen, UF |
| 2005 | Cleo Tyson, UT |
| 2006 | Sarah Bowman, UT |
| 2007 | Nia Ali, UT |
| 2008 | Rebecca Lowe, UF |
| 2009 | Genevieve LaCaze, UF |
| 2010 | Takeia Pinckney, LS |
| 2011 | Jasmin Stowers, LS |
| 2012 | Dominique Scott, AR |
| 2013 | Jennifer Madu, AM |
| 2014 | Shamier Little, AM |
| 2015 | Brooke Feldmeier, UM |
| 2016 | Jasmine Camacho-Quinn, UK |
| 2017 | Jaevin Reed, AM |
| | Ruby Stauber, LS |
| 2018 | Sydney McLaughlin, UK |
| 2019 | Sha'Carri Richardson, LS |
| 2021 | Athing Mu, AM |
| 2022 | Michaela Rose, LS |

SEC Freshman Field Athlete of the Year

| | |
|------|--------------------------|
| 2004 | Tianna Madison, UT |
| 2005 | Sigrun Fjelsted, UG |
| 2006 | Chealsea Taylor, UA |
| 2007 | Mariam Kevkhishvili, UF |
| 2008 | Annie Alexander, UT |
| 2009 | Rachel Laurent, LS |
| 2010 | Maya Pressley, AU |
| 2011 | Rochelle Farquharson, MS |
| 2012 | Morgann Leleux, UG |
| 2013 | LaQue Moen-Davis, AM |
| 2014 | Kendell Williams, UG |
| 2015 | Keturah Orji, UG |
| 2016 | Alexis Weeks, AR |
| 2017 | Beatrice Llano, UG |
| 2018 | Tyra Gittens, AM |
| 2019 | Madi Malone, AU |
| 2021 | Claire Bryant, UF |
| 2022 | Katelyn Fairchild, AM |
| | Elena Kulichenko, UG |

SEC Newcomer Runner of the Year

| | |
|------|---------------------|
| 2021 | Amaris Tynismaa, UA |
| | Grace Stark, UF |

SEC Newcomer Field Athlete of the Year

| | |
|------|-------------------|
| 2021 | Jasmine Moore, UG |
|------|-------------------|

*Note: Newcomer of the Year awards were presented in 2021 following the cancellation of the outdoor season in 2020

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SEC Honors and Awards

SEC Scholar-Athlete of the Year

| | |
|------|---|
| 2004 | Maureen Scott, AR |
| 2005 | Josie Hahn, VU |
| 2006 | N/A |
| 2007 | Natalie Picchetti, UG Natasha Hastings, SC |
| 2008 | Sarah Bowman, UT |
| 2009 | Sarah Bowman, UT |
| 2010 | Phoebe Wright, UT |
| 2011 | Holly Knight, AU Chanelle Price, UT |
| 2012 | Ellen Wortham, UT Tara Diebold, AR |
| 2013 | Chelsea Oswald, UK |
| 2014 | Jill Rushin, MU |
| 2015 | Jeannelle Scheper, SC |
| 2016 | Keturah Orji, UG |
| 2017 | Alexis Weeks, AR |
| 2018 | Keturah Orji, UG |
| 2019 | Taylor Werner, AR Aliyah Abrams, SC |
| 2020 | Taylor Werner, AR |
| 2021 | Joyce Kimeli, AU Lisa Gunnarsson, LS |
| 2022 | Abby Steiner, UK |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

SEC Athletes of the Week

2000: 3/29 - Amy Yoder, AR; 4/4, Rhonda Hackett, UG; 4/12 - Emily Carlsten, UF; 4/19 - Peta-Gaye Dowdie, LS; 4/26 - Miki Barber, SC; 5/3, Emily Carlsten, UF.

2001: 3/20 - Elisha Williams, MS; 3/27 - Ronetta Smith, LS; 4/4 - Teneeshia Jones, UM; 4/10 - Thorey Elisdottir, UG; 4/17 - Kristina Bratton, UF; 4/24 - Muna Lee, LS; 5/1 - Lilli Kleinmann, AR; 5/8 - GiGi Miller, AR.

2002: 3/28 - Stacy Martin, AU; 4/3 - Tiffany McWilliams, MS; 4/10 - DeeDee Brown, AR; 4/17 - Aleen Bailey, SC; 4/24 - Muna Lee, LS; 5/1 - Muna Lee, LS; 5/8 - Marie LeJour, AR.

2003: 3/26 - Candice Scott, UF; 4/2 - Judyth Kitson, UA; 4/9 - Lolo Jones, LS; 4/16 - Aleen Bailey, SC; 4/23 - Lauren Johnson, MS; 5/1 - Muna Lee, LS; 5/6 - Londa Bevins, AR; 5/14 - Karen Freberg, UF

2004: 3/24 - Tasha Pharr, UA (R) & Jenny Dahlgren, UG; 3/31 - Lashinda Demus, SC (R) & Candice Scott, UF (F); 4/7 - Muna Lee, LS (R) & Shelly-Ann Gallimore, AU (F); 4/14 - Tiffany McWilliams, MS (R) & Kim Barrett, UF (F); 4/21 - Veronica Campbell, AR (R) & Beth Mallory, UA (F); 4/28 - Beau Walker, UA (R) & Candice Scott, UF (F); 5/5 - Erika Schneble, VU (R) & Jukina Dickerson, UF (F); 5/12 - Lashinda Demus, SC (R) & Chelsea Hammond, SC (F)UF (F); 5/12 - Lashinda Demus, SC (R) & Chelsea Hammond, SC (F)

2005: 3/23 - Meggan Hodge, MS (R) & Beth Mallory, UA (F); 3/30 - Kelly Baptiste, LS (R) & Chandra Lacombe, UF (F); 4/6 - Brook Patterson, UK (R) & Tina Harris, LS (F); 4/13 - Shalonda Solomon, SC (R) & Tianna Madison, UT (F); 4/20 - Aneita Denton, AR (R) & Rachel Longfors, UF (F); 4/27 - Tiffany Ross-Williams, SC (R) & Liz Wanless, UF (F); 5/4 - Tiffany Ross-Williams, SC (R) & Jenny Dahlgren, UG (F); 5/11 - Courtney Champion, UT (R) & Kemesha Whitmire, SC (F)

2006: 3/30 - Shalonda Solomon, SC (R) & Beth Mallory, UA (F); 4/5 - Shalonda Solomon, SC (R) & Ashley Muffett, UK (F); 4/12 - Kelly Baptiste, LS (R) & Precious Akins, SC (F); 4/19 - Shalonda Solomon, SC (R) & Patricia Sylvester, UG (F); 4/19 - Markita James, AU (R) & Beth Mallory, UA (F); 5/2 - Kelly Baptiste, LS (R) & Kierney Jackson, UG (F); 5/10 - Shaka Dennison, UG (R) & Jennifer Dahlgreen, UG (F)

2007: 3/22 - Ronnetta Alexander, SC (R) & Krista Woodward, UG (F); 3/27 - Natasha Hastings, SC (R) & Brittney Reese, UM (F);

4/4 - Natasha Hastings, SC (R) & Evelien Dekkers, UF (F); 4/11 - Nickiesha Wilson, LS (R) & Brittney Reese, UM (F); 4/18 - Sarah Madebach, UG (R) & Jennifer Dahlgren, UG (F); 4/25 - Kerron Stewart, AU (R) & Brittney Reese, UM (F); 5/2 - Kerron Stewart, AU (R) & Katie Stripling, AR (F); 5/10 - Tiavannia Thompson, AR (R) & Carly Bloomfield, AR (F)

2008: 3/25 - Rebecca Lowe, UF (R); Sarah Landau, AR (F); Joanna Atkins, AU (FR); 4/1 - Sarah Bowman, UT (R); Shara Proctor, UF (F); Annie Alexander, UT (FR); 4/8 - Kelly Ann Baptiste, LS (R); Brittney Reese, UM (F); Joanna Atkins, AU (FR); 4/15 - Joanna Atkins, AU (R); Annie Alexander, UT (F); Danielle Sampley, UK (FR); 4/22 - Sarah Bowman, UT (R); Brittney Reese, UM (F); Catherine White, AR (FR); 4/29 - LaTavia Thomas, LS (R); Katelyn Rodrigue, LS (F); Hollie Knight, AU (FR); 5/6 - Dacia Barr, AR (R); Katie Stripling, AR (F); Jennifer Svoboda, UK (FR)

2009: 3/31 - Ashley Trimble, UK (R); Ashley Muffet, UK (F); Whitney Jones, AR (FR); 4/7 - LaTavia Thomas, LS (R); Rachel Laurent, LS (F); Genevieve LaCaze, UF (FR); 4/14 - Lynne Layne, UT (R); Ashley Trimble, UK (F); Chanelle Price, UT (FR); 4/21 - Joanna Atkins, AU (R); Katie Stripling, AR (F); Genevieve LaCaze, UF (FR); 4/28 - Sarah Bowman, UT (R); Katie Stripling, AR (F); Chanelle Price, UT (FR); 5/5 - LaJada Baldwin, UM (R); Ashley Muffet, UK (F); Whitney Jones, AR (FR)

2010: 3/23 - LaKya Brookins, SC (R); Nikola Lomnicka, UG (F); Cally Macumber, UK (FR); 3/30 - Samantha Henry, LS (R); Nikola Lomnicka, UG (F); Regina George, AR (FR); 4/6 - Brandi Cross, SC (R); Mariam Kevkhishvili, UF (F); Stephanie Brown, AR (FR); 4/13 - Shelise Williams, AR (R); Tina Sutej, AR (F); Takeia Pinckney, LS (FR); 4/20 - LaTavia Thomas, LS (R); Mariam Kevkhishvili, UF (F); Kimberlyn Duncan, LS (FR); 4/27 - Phoebe Wright, UT (R); Mariam Kevkhishvili, UF (F); Cally Macumber, UK (FR); 5/4 - Regina George, AR (R); Katie Stripling, AR (F); Stephanie Brown, AR (FR); 5/12 - Phoebe Wright, UT (R); Mariam Kevkhishvili, UF (F); Ashley Miller, UF (FR)

2011: 3/22 - Sofie Persson, UM (R); Jeannell Scheper, SC (F); Stella Christoforou, UG (FR); 3/29 - Shayla Mahan, SC (R); Rachel Laurent, LS (F); Jasmin Stowers, LS (FR); 4/5 - Kimberlyn Duncan, LS (R); Annie Alexander, UT (F); Cory McGee, UF (FR); 4/12 - Semoy Hackett, LS (R); Tina Sutej, AR (F); Jasmin Stowers, LS (FR); 4/20 - LaKya Brookins, SC (R); Lucie Ondraschkova, UG (F); Cory McGee, UF (FR); 4/26 - Kimberlyn Duncan, LS (R); Nikola Lomnicka, UG (F); Jen Clayton, LSU

(FR); 5/3 - 4X400 Relay, AR (Regina George, Shelise Williams, Gwendolyn Flowers, Whitney Jones) (R); Tina Sutej, AR (F); Jasmin Stowers, LS (FR); 5/10 - Regina George, AR (R); Tina Sutej, AR (F); Fawn Miller, UF (FR)

2012: 3/20 - Chalese Davis, SC (R); Samia Stokes, LS (F); Chalese Davis, SC (FR); 3/27 - Kimberlyn Duncan, LS and Logan Waites, UM (R); Krystle Schade, UA and Annie Alexander, UT (F); Morgann Leleux, UG (FR); 4/3 - Kimberlyn Duncan, LS (R); Tina Sutej, AR (F); Allison Updike, UG (FR); 4/10 - Lanie Whittaker, UF and Charlene Lipsey, LS (R); Annie Alexander, UT (F); Allison Updike, UT and Dominique Scott, AR (FR); 4/17 - Ellen Wortham, UT (R); Morgann Leleux, UG (F); Morgann Leleux, UG (FR); 4/24 - Kimberlyn Duncan, LS (R); Brieanna Kennedy, LS (F); Dominique Scott, AR (FR); 5/1 - Tennessee SMR, UT (R); Tina Sutej, AR (F); Morgann Leleux, UG (FR).

2013: 3/19 - Ashton Purvis, AM (R); Shelbi Vaughan, AM and Morgann Leleux, UG (F); Briana Vaughn, UG (FR); 3/26 - Regina George, AR (R); Shelbi Vaughan, AM (F); Shelbi Vaughan, AM (FR); 4/2 - Kimberlyn Duncan, LS (R); Shelbi Vaughan, AM (F); Marija Vucenovic, UF (FR); 4/9 - Natoya Goule, LS (R); Makeba Alcide, AR (F); Marija Vucenovic, UF (FR); 4/16 - Kimberlyn Duncan, LS (R); Lucie Ondraschkova, UG (F); Shaunae Miller, UG (FR); 4/23 - Natoya Goule, LS (R); Elizabeth Tepe, UG and Ciarra Brewer, UF (F); Daina Levy, AU (FR); 4/30 - Cory McGee, UF (R); LaQue Moen-Davis, AM (F); Freya Jones, UG (FR).

2014: 3/25 - Allison Peare, UK (R), Chanice Porter, UG (F), Rebekah Wales, LS and Precious Holmes, LS (FR); 4/1 - Kendra Harrison, UK (R), Shelbi Vaughan, AM (F), Aaliyah Brown, AM (FR); 4/8 - Kyra Jefferson, UF and Kendra Harrison, UK (R), Denise Hinton, LS (F), Jada Martin, LS (FR); 4/15 - Shamier Little, AM (R), Kendell Williams, UG (F), Felicia Majors, UT (FR); 4/22 - Jasmin Stowers, LS (R), Ciarra Brewer, UF (F), Shamier Little, AM and Asianna Covington, UG (FR); 4/29 - Olivia Ekpone', AM (R), Kearsten Peoples, MU (F), Mary Alex England, UM (FR); 5/6 - Grace Heysfield, AR (R), Denise Hinton, LS (F), Sha'Keela Saunders, UK (FR); 5/13 - Kendell Williams, UG (R), Leontia Kallenou, UG (F), Kendell Williams, UG (FR)

2015: 2015 - 3/24 - Jennifer Madu, AM (R), Jeannelle Scheper, SC (F), Ashton Zamzow, AM (FR); 3/31 - Sparkle McKnight, AR (R), Alex Gochenour, AR (F), Shelbi Vaughan, AM (F), Daeshon Gordon, LS (FR); 4/7 - Kyra

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SEC Athletes of the Week

Jefferson, UF (R), Jeannelle Scheper, SC (F), Shannon Ray, UM (FR); 4/14 - Jada Martin, LS (R), Sandi Morris, AR (F), Keturah Orji, UG (FR); 4/21 - Kamaria Brown, AM (R), Kearsten Peoples, MO (F), Quanesha Burks, UA (F), Brooke Feldmeier, UM (FR); 4/28 - Kendra Harrison, UK (R), Jeannelle Scheper, SC (F), Brooke Feldmeier, UM (FR); 5/5 - Kyra Jefferson, UF (R), Chrishuna Williams, AR (R), Tori Bliss, LS (F), Aleia Hobbs, LS (FR).

2016: 3/22 - Jasmine Quinn, UK (R), Raven Saunders, UM (F), Krystal Sparling, AM (FR); 3/29 - Dominique Scott, AR (R), Lexi Weeks, AR (F), Kortnei Johnson, LS (FR); 4/5 - Dominique Scott, AR (R), Taliyah Brooks, AR (F), Kianna Gray, UK (FR); 4/12 - Chanice Chase, LS (R), Mady Fagan, UG (F), Briyahna Desrosiers, AM (FR); 4/19 - Felicia Brown, UT (R), Maggie Malone, AM (F), Lexi Weeks, AR (FR); 4/26 - Kyra Jefferson, UF (R), Keturah Orji, UG (F), Lexi Weeks, AR (FR); 5/3 - Dominique Scott, AR (R), Maggie Malone, AM (F), Jasmine Quinn, UK (FR)

2017: 3/21 - Aaliyah Brown, AM (R), Marie-Josée Ebwea-Bile, UK (F), Tonea Marshall, LS (FR); 3/28 - Danyel White, AM (R), Raven Saunders, UM (F), Brandee' Johnson, UF (FR); 4/4 - Kymber Payne, LS (R), Taliyah Brooks, AR (F), Beatrice Llano, UG (FR); 4/11 - Aleia Hobbs, LS (R), Kendell Williams, UG/Rougui Sow, SC (F), Jaevin Reed, AM (FR); 4/18 - LSU's 4x100 Meter Relay Team (R), Yanis David, UF (F), Ruby Stauber, LS (FR); 4/25 - Aleia Hobbs, LS (R), Quanesha, Burks, UA (F), Kate Hall, UG (FR).

2018: 3/20 - Julia Madubuike, AM (R); Marie-Josée Ebwea-Bile, UK (F); Jurnee Woodward, LS (FR); 3/27 - Maddie McHugh, UM (R); Taliyah Brooks, AR (F) / Abby O'Donoghue, LS (F); Tyra Gittens, AM (FR); 4/3 - Sydney McLaughlin, UK (R); Taliyah Brooks, AR (F); Tyra Gittens, AM (FR); 4/10 - Kortnei Johnson, LS (R); Keturah Orji, UG (F); Sammy Watson, AM (FR); 4/17 - Jazmine Fray, AM (R); Lajarvia Brown, AM (F); Tamara Clark, UA (FR); 4/24 - Lynna Irby, UG (R); Keturah Orji, UG (F); Tara Davis, UG (FR); 5/1 - Jasmine Camacho-Quinn, UK (R) / Karissa Schweizer, MO (R); Yanis David, UF (F); Sydney McLaughlin, UK (FR).

2019: 3/19 - Chloe Abbott, UK (R); Tyra Gittens, AM (F); Masai Russell, UK (FR); 3/26 - Faith Ross, UK (R); Yanis David, UF / Stamatia Scarvelis, UT (F); Tierra Robinson-Jones, AM (FR); 4/2 - Sharrika Barnett, UF / Tonea Marshall, LS (R); Yanis David, UF / Tyra Gittens, AM (F); Sha'Carri Richardson, LS (FR); 4/9 - Janeek Brown, AR (R); Gabi Jacobs, MO

(F); Sterling Lester, UG (FR); 4/16 - Wadeline Jonathas, SC (R); Portious Warren, UA (F); Abby Steiner, UK (FR); 4/23 - Tonea Marshall, LS (R); Aliyah Whisby, UG (F); Sha'Carri Richardson, LS (FR); 4/30 - Janeek Brown, AR (R); Portious Warren, UA / Aliyah Whisby, UG (F); Sha'Carri Richardson, LS (FR).

2021: 3/23 - Vanessa Watson, UT / Aliyah Abrams, SC (R); Marie-Therese Obst, UG / Lamara Distin, AM (F); Jasmine Mitchell, UM (N); Monique Hardy, LS (FR); 3/30 - Tiana Wilson, AR / Tonea Marshall, LS (R); Marie-Therese Obst, UG (F); Nastassja Campbell, AR (N); Leah Phillips, LS (FR); 4/6 - Tamara Clark, UA / Presley Weems, AU (R); Tyra Gittens, AM (F); Charokee Young, AM (N); Claire Bryant, UF / Athing Mu, AM (FR); 4/13 - Tamara Clark, UA / Tonea Marshall, LS (R); Jasmine Moore, UG / Tyra Gittens, AM (F); Anna Hall, UG (N); Samara McConnell, UM (FR); 4/20 - Athing Mu, AM (R); Marie-Therese Obst, UG (F); Arianne Duarte-Morais, UF (N); Skylar Ciccolini, MO (FR); 4/27 - Tamara Clark, UA (R); Deborah Acquah, AM (F); Charokee Young, AM (N); Dominique Mustin, AM (FR); 5/4 - Krissy Gear, AR (R); Jasmine Moore, UG (F); Joella Lloyd, UT (N); Rachel Glenn, SC (FR).

2022: 3/22 - Avi' Tal Wilson-Perteete, AM (R), Lianna Davidson, AM (F), Katelyn Fairchild, AM (FR); 3/29 - Alia Armstrong, LS (R), Anna Hall, UF / Lamara Distin, AM / Lisa Gunnarsson, LS (F), Tierra Frasier, SC (FR); 4/5 - Charokee Young, AM (R), Deborah Acquah, AM (F), Elena Kulichenko, UG (FR); 4/12 - Abby Steiner, UK (R), Amanda Fassold, AR (F), Michaela Rose, LS (FR); 4/19 - Abby Steiner, UK (R), Jasmine Moore, UF (F), Lianna Davidson, AM (FR); 4/26 - Favour Ofili, LS (R), Jalani Davis, UM (F), Katelyn Fairchild, AM (FR); 5/3 - AR 4x1500 Relay / Favour Ofili, LS (R), Lamara Distin, A&M (F), Elena Kulichenko, UG (FR); 5/10 - Britton Wilson, AR (R), Anna Hall, UF (F), Rosey Effiong, AR (FR).

(Editor's Note: List incomplete due to incomplete records. Editor appreciates any updates by verifiable sources.)

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

SEC at the NCAA Outdoor Championships

| | |
|--|--|
| <p>1982</p> <p>2. Tennessee 126</p> <p>15. Alabama 31</p> <p>22. LSU 14</p> <p>t29. Auburn 10</p> <p>t49. Kentucky 2</p> <p>1983</p> <p>4. Tennessee 87</p> <p>12. Alabama 36</p> <p>t17. Florida 24</p> <p>t24. LSU 17</p> <p>32. Georgia 13</p> <p>47. Kentucky 8</p> <p>1984</p> <p>2. Tennessee 124</p> <p>6. Alabama 53</p> <p>10. Florida 40</p> <p>t28. Georgia 19</p> <p>t44. Kentucky 8</p> <p>t56. Auburn 5</p> <p>68. LSU 1</p> <p>1985</p> <p>t2. LSU 46</p> <p>7. Tennessee 30</p> <p>10. Alabama 22.5</p> <p>t16. Florida 16</p> <p>t23. Georgia 11</p> <p>t27. Auburn 8</p> <p>t45. Kentucky 2</p> <p>1986</p> <p>2. Alabama 55</p> <p>4. Tennessee 37</p> <p>9. Florida 21</p> <p>11. Georgia 19</p> <p>12. LSU 18</p> <p>t26. Auburn 10</p> <p>t26. Kentucky 10</p> <p>1987</p> <p>1. LSU 62</p> <p>2. Alabama 53</p> <p>4. Tennessee 33</p> <p>t13. Florida 20</p> <p>t13. Georgia 20</p> <p>t29. Mississippi State 7</p> <p>t43. Auburn 4</p> <p>t49. Kentucky 1</p> <p>1988</p> <p>1. LSU 61</p> <p>6. Alabama 31</p> <p>21. Tennessee 12</p> <p>29. Florida 7</p> <p>t30. Mississippi State 5</p> <p>1989</p> <p>1. LSU 86</p> <p>t9. Kentucky 18</p> | <p>13. Alabama 17</p> <p>t17. Florida 14</p> <p>t27. Mississippi State 9</p> <p>t37. Tennessee 6</p> <p>t42. Auburn 5</p> <p style="text-align: center;">1990</p> <p>1. LSU 53</p> <p>5. Alabama 29</p> <p>6. Tennessee 28</p> <p>t8. Florida 25</p> <p>22. Kentucky 10</p> <p style="text-align: center;">1991</p> <p>1. LSU 78</p> <p>5. Tennessee 33</p> <p>6. Florida 30</p> <p>14. Alabama 14</p> <p>t32. Georgia 7</p> <p style="text-align: center;">1992</p> <p>1. LSU 87</p> <p>2. Florida 81</p> <p>5. Alabama 27</p> <p>t9. Tennessee 21</p> <p>t29. Auburn 6</p> <p>t59. Arkansas 1</p> <p style="text-align: center;">1993</p> <p>1. LSU 93</p> <p>t9. Alabama 25</p> <p>16. Auburn 19</p> <p>18. Tennessee 15</p> <p>44. Arkansas 3</p> <p>61. Kentucky 0.5</p> <p style="text-align: center;">1994</p> <p>1. LSU 86</p> <p>5. Tennessee 30</p> <p>12. Alabama 18</p> <p>23. Arkansas 10</p> <p>t42. Auburn 4</p> <p>t42. Florida 4</p> <p>50. Ole Miss 3</p> <p>55. South Carolina 2</p> <p style="text-align: center;">1995</p> <p>1. LSU 69</p> <p>3. Georgia 41.3</p> <p>6. Tennessee 23</p> <p>21. Auburn 13</p> <p>33. Arkansas 7</p> <p>47. Florida 3</p> <p>60. Kentucky .5</p> <p style="text-align: center;">1996</p> <p>1. LSU 81</p> <p>t9. South Carolina 26</p> <p>t12. Florida 21</p> <p>t12. Georgia 21</p> <p>t23. Auburn 9</p> <p>t25. Vanderbilt 8</p> |
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NCAA Team Champions

| Year | Team | Points | Coach |
|-----------------------------|----------------|--------------------|---------------|
| 1987 | LSU | 62 | Sam Seemes |
| 1988 | LSU | 61 | Pat Henry |
| 1989 | LSU | 86 | Pat Henry |
| 1990 | LSU | 53 | Pat Henry |
| 1991 | LSU | 78 | Pat Henry |
| 1992 | LSU | 87 | Pat Henry |
| 1993 | LSU | 93 | Pat Henry |
| 1994 | LSU | 86 | Pat Henry |
| 1995 | LSU | 69 | Pat Henry |
| 1996 | LSU | 81 | Pat Henry |
| 1997 | LSU | 63 | Pat Henry |
| 2000 | LSU | 58 | Pat Henry |
| 2002 | South Carolina | 82 | Curtis Frye |
| 2003 | LSU | 64 | Pat Henry |
| 2006 | Auburn | 57 | Ralph Spry |
| 2008 | LSU | 67 | Dennis Shaver |
| 2012 | LSU * | 76 | Dennis Shaver |
| 2014 | Texas A&M | 75 | Pat Henry |
| 2016 | Arkansas | 72 | Lance Harter |
| 2019 | Arkansas | 64 | Lance Harter |
| 2022 | Florida | 54 | Mike Holloway |
| * = Title was later vacated | | | |
| t33. Kentucky | 5 | t6. South Carolina | 36 |
| t33. Alabama | 5 | t13. Alabama | 16 |
| t43. Arkansas | 4 | t19. Georgia | 12 |
| t49. Tennessee | 3 | t30. Florida | 8 |
| t55. Ole Miss | 2 | t45. Auburn | 5 |
| | | t59. Ole Miss | 2 |
| 1997 | | | |
| 1. LSU | 63 | 2001 | |
| 5. South Carolina | 30 | 4. South Carolina | 36 |
| 6. Florida | 29 | 5. Arkansas | 31 |
| t14. Vanderbilt | 17 | 6. LSU | 30 |
| t18. Tennessee | 14 | 20. Florida | 14 |
| t30. Auburn | 8 | t21. Auburn | 13 |
| t38. Arkansas | 5 | 25. Georgia | 10.6 |
| t56. Georgia | 2 | t40. Miss. State | 5 |
| | | t49. Ole Miss | 4 |
| | | t60. Alabama | 2 |
| | | t60. Tennessee | 2 |
| 1998 | | | |
| 6. Georgia | 32 | 2002 | |
| 7. South Carolina | 29.5 | 1. South Carolina | 82 |
| 13. Florida | 17 | 4. LSU | 43 |
| t15. Tennessee | 15 | 6. Florida | 29 |
| t22. LSU | 11 | 14. Auburn | 17 |
| t29. Arkansas | 8 | t37. Kentucky | 6.5 |
| t39. Auburn | 6 | t39. Tennessee | 6 |
| | | t45. Arkansas | 4 |
| | | t45. Georgia | 4 |
| 1999 | | | |
| 4. Georgia | 37 | 2003 | |
| 5. LSU | 32 | 1. LSU | 64 |
| 7. South Carolina | 24 | 3. South Carolina | 47 |
| 17. Florida | 13 | 4. Florida | 36 |
| 20. Tennessee | 12 | 11. Georgia | 22 |
| 41. Arkansas | 7 | 14. Auburn | 18 |
| 55. Kentucky | 3 | 19. Arkansas | 13.5 |
| 2000 | | | |
| 1. LSU | 58 | | |
| t6. Arkansas | 36 | | |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

| | | | |
|------------------------|-------|------------------------|------|
| t22. Tennessee | 12 | t10. Tennessee | 21 |
| t27. Mississippi State | 10 | t25. Auburn | 11 |
| t43. Vanderbilt | 5 | t29. Arkansas | 10 |
| t43. Alabama | 5 | t40. South Carolina | 7 |
| t55. Kentucky | 3 | t70. Mississippi State | 1 |
| | | t70. Ole Miss | 1 |
| 2004 | | 2010 | |
| 2. LSU | 68 | 3. Florida | 40 |
| 5. Florida | 29 | 6. LSU | 31 |
| t7. Georgia | 24 | 12. Auburn | 23 |
| t7. South Carolina | 24 | 15. Arkansas | 17 |
| t7. Tennessee | 24 | t20. Alabama | 13 |
| t10. Arkansas | 22 | t26. Georgia | 10 |
| t18. Auburn | 13 | t26. Tennessee | 10 |
| t22. Alabama | 10 | t41. Mississippi State | 5 |
| t22. Mississippi State | 10 | t51. Kentucky | 3 |
| t48. Vanderbilt | 4 | | |
| t56. Kentucky | 3 | 2011 | |
| 2005 | | 3. LSU | 43.5 |
| 2. South Carolina | 48 | t11. Tennessee | 20 |
| 4. Tennessee | 40 | t14. Arkansas | 18 |
| 6. Georgia | 28 | t14. Auburn | 18 |
| 10. Florida | 22 | t34. Florida | 8 |
| 13. Alabama | 18 | t40. South Carolina | 6 |
| 15. Auburn | 17 | t40. Georgia | 6 |
| 22. Arkansas | 11 | t60. Kentucky | 2 |
| 24. LSU | 10 | | |
| 65. Ole Miss | 2 | 2012 | |
| 2006 | | 1. LSU* | 76 |
| 1. Auburn | 57 | T9. Tennessee | 21 |
| 3. South Carolina | 38 | T12. Florida | 18 |
| 7. LSU | 30 | T21. Georgia | 14 |
| 9. Georgia | 25.75 | T24. Arkansas | 13 |
| 17. Alabama | 16 | T24. Auburn | 13 |
| 18. Tennessee | 15 | T40. Alabama | 6 |
| 25. Arkansas | 10 | | |
| 37. Florida | 6 | 2013 | |
| 2007 | | 2. Texas A&M | 44 |
| 2. LSU | 53 | 4. LSU | 40 |
| 9. Georgia | 24 | 8. Arkansas | 30 |
| t12. Auburn | 22 | T11. Georgia | 25 |
| t12. South Carolina | 22 | T11. Florida | 25 |
| 15. Arkansas | 17 | T23. Auburn | 11 |
| 21. Alabama | 10 | T32. Mississippi State | 8 |
| t27. Ole Miss | 9 | T36. Missouri | 7 |
| t27. Tennessee | 9 | T45. South Carolina | 5 |
| 46. Florida | 5 | T45. Alabama | 5 |
| 2008 | | 2014 | |
| 1. LSU | 67 | 1. Texas A&M | 75 |
| 9. Florida | 26 | 4. Florida | 55 |
| t13. Tennessee | 15 | 5. Georgia | 35 |
| t15. Auburn | 14 | 6. LSU | 34 |
| t15. Ole Miss | 14 | 7. Kentucky | 26 |
| t22. South Carolina | 11 | 9. Arkansas | 21.5 |
| t22. Arkansas | 11 | 18. Alabama | 13 |
| t31. Alabama | 8 | 30. Missouri | 9 |
| | | T59. Tennessee | 1 |
| 2009 | | 2015 | |
| 6. LSU | 29.5 | 2. Kentucky | 50 |
| 9. Florida | 23 | 3. Texas A&M | 47 |
| | | 4. Arkansas | 43 |

NCAA Championship Record Holders

| | | | |
|--|---------|------------------------|------|
| 100-Meter Dash | | | |
| 2019 - Sha'Carri Richardson, LS | | 10.75 | |
| 200-Meter Dash | | | |
| 2022 - Abby Steiner, UK | | 21.80 | |
| 400-Meter Dash | | | |
| 2021 - Athing Mu, AM | | 49.57 | |
| 4x100-Meter Relay | | | |
| 2018 - LSU (Brisco, Johnson, Misher, Hobbs) | | 42.09 | |
| 4x400-Meter Relay | | | |
| 2021 - Texas A&M (Robinson-Jones, Young, Reed, Mu) | 3:22.34 | | |
| Triple Jump | | | |
| 2016 - Keturah Orji, UG | | 47-8 | |
| Long Jump | | | |
| 1987 - Sheila Echols, LS | | 22-9.25 | |
| Javelin | | | |
| 2016 - Maggie Malone, AM | | 204-0 | |
| 5. Georgia | 41 | T29. Ole Miss | 9 |
| 8. Florida | 32 | T38. Mississippi State | 6 |
| 11. LSU 26 | | T52. South Carolina | 3 |
| 18. Mississippi St. | 15 | 61. Vanderbilt | 2.2 |
| T20. Alabama | 10 | T62. Tennessee | 2 |
| T20. South Carolina | 10 | | |
| T28. Auburn | 8 | 2018 | |
| T35. Vanderbilt | 6 | 2. Georgia | 52 |
| T51. Missouri | 3 | 4. Kentucky | 46 |
| T51. Tennessee | 3 | 5. Florida | 42 |
| T59. Ole Miss | 2 | 6. LSU | 41 |
| | | T11. Arkansas | 20 |
| 2016 | | T11. Missouri | 20 |
| 1. Arkansas | 72 | 16. Auburn | 17 |
| 3. Georgia | 41 | 19. Texas A&M | 15 |
| 5. Texas A&M | 35 | T20. Ole Miss | 14 |
| 6. LSU | 31 | T25. Tennessee | 11 |
| 9. Florida | 28 | T46. Alabama | 3 |
| 11. Kentucky | 25 | T56. South Carolina | 2 |
| 13. Miss St. | 22 | | |
| T22. Mississippi | 10 | 2019 | |
| T25. South Carolina | 9 | 1. Arkansas | 64 |
| T29. Alabama | 8 | 3. LSU | 43 |
| T29. Tennessee | 8 | 4. Texas A&M | 38 |
| T29. Vanderbilt | 8 | 6. Florida | 32 |
| T37. Missouri | 7 | 7. Alabama | 29 |
| T63. Auburn | 1 | T10. South Carolina | 20 |
| | | 14. Kentucky | 19.5 |
| 2017 | | T32. Auburn | 8 |
| 2. Georgia | 62.2 | T36. Missouri | 7 |
| 4. Kentucky | 40 | T66. Georgia | 1 |
| 5. Florida | 39 | T66. Mississippi State | 1 |
| 6. Arkansas | 38.2 | T66. Tennessee | 1 |
| T7. LSU | 32 | T66. Vanderbilt | 1 |
| T13. Texas A&M | 15 | | |
| 17. Missouri | 14 | | |
| 28. Alabama | 9.7 | | |

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

2021

| | |
|--------------------|------|
| 2. Texas A&M | 63 |
| 3. Georgia | 37.5 |
| T4. Alabama | 31 |
| 6. LSU | 28.5 |
| T7. Florida | 28 |
| 15. Arkansas | 17 |
| 18. South Carolina | 15 |
| T21. Kentucky | 13 |
| T26. Auburn | 11 |
| T33. Ole Miss | 8 |
| T46. Tennessee | 5 |

2022

| | |
|---------------------|----|
| 1. Florida | 74 |
| 3. Kentucky | 50 |
| T4. LSU | 39 |
| T4. Texas A&M | 39 |
| 6. Arkansas | 38 |
| T15. Alabama | 15 |
| T19. Ole Miss | 13 |
| T23. South Carolina | 11 |
| T45. Georgia | 4 |
| T49. Vanderbilt | 3 |
| T62. Tennessee | 1 |
| T62. Auburn | 1 |

* = Title was later vacated

2023 SEC WOMEN'S OUTDOOR TRACK AND FIELD RECORD BOOK

SEC's Individual National Champions

100-Meter Dash

| | | |
|------|--------------------------|--------|
| 1987 | Gwen Torrence, UG | 11.25 |
| 1989 | Dawn Sowell, LS | 10.78 |
| 1990 | Ester Jones, LS | 11.14w |
| 1995 | D'Andre Hill, LS | 11.11 |
| 1996 | D'Andre Hill, LS | 11.03 |
| 1998 | Debbie Ferguson, UG | 10.94w |
| 2003 | Aleen Bailey, SC | 11.18 |
| 2006 | Amberly Nesbitt, SC | 11.34 |
| 2007 | Sherry Fletcher, LS | 11.20 |
| 2008 | Kelly Ann Baptiste, LS | 11.20 |
| 2014 | Remona Burchell, UA | 11.25 |
| 2017 | Mikiah Brisco, LS | 10.96 |
| 2018 | Aleia Hobbs, LS | 11.01 |
| 2019 | Sha'Carri Richardson, LS | 10.75 |

100-Meter Hurdles

| | | |
|------|---------------------------|-------|
| 1982 | Benita Fitzgerald, UT | 13.13 |
| 1983 | Benita Fitzgerald, UT | 12.84 |
| 1986 | Rosalind P.-Council, AU | 13.03 |
| 1987 | LaVonna Martin, UT | 13.05 |
| 1989 | Tananjalyn Stanley, LS | 12.70 |
| 1991 | Dawn Bowles, LS | 12.70 |
| 1992 | Michelle Freeman, UF | 12.90 |
| 1996 | Kim Carson, LS | 12.82 |
| 1997 | Astia Walker, LS | 12.85 |
| 2000 | Joyce Bates, LS | 12.85 |
| 2015 | Kendra Harrison, UK | 12.55 |
| 2016 | Jasmine Camacho-Quinn, UK | 12.54 |
| 2018 | Jasmine Camacho-Quinn, UK | 12.70 |
| 2019 | Janeek Brown, AR | 12.40 |
| 2022 | Alia Armstrong, LS | 12.57 |

200-Meter Dash

| | | |
|------|-----------------------|--------|
| 1987 | Gwen Torrence, UG | 22.37w |
| 1989 | Dawn Sowell, LS | 22.04 |
| 1991 | Esther Jones, LS | 22.49 |
| 1992 | Dahlia Duhane, LS | 22.80 |
| 1996 | Zundra Feagin, LS | 22.44 |
| 1998 | Debbie Ferguson, UG | 22.66 |
| 2000 | Peta-Gaye Dowdie, LS | 22.51 |
| 2003 | Aleen Bailey, SC | 22.65 |
| 2004 | LaShaunte'a Moore, AR | 22.37w |
| 2006 | Salonda Solomon, SC | 22.62 |
| 2007 | Kerron Stewart, AU | 22.42 |
| 2011 | Kimberlyn Duncan, LS | 22.24 |
| 2012 | Kimberlyn Duncan, LS | 22.86 |
| 2013 | Kimberlyn Duncan, LS | 22.04w |
| 2014 | Kamaria Brown, AM | 22.63w |
| 2015 | Dezerea Bryant, UK | 22.18w |
| 2017 | Kyra Jefferson, UF | 22.02 |
| 2022 | Abby Steiner, UK | 21.80 |

400-Meter Dash

| | | |
|------|-----------------------------|-------|
| 1986 | Lillie Leatherwood, UA | 51.23 |
| 1987 | Lillie Leatherwood-King, UA | 50.90 |
| 1989 | Pauline Davis, UA | 50.18 |
| 1992 | Anita Howard, UF | 51.01 |
| 1993 | Juliet Campbell, AU | 50.58 |
| 1997 | LaTarsha Stroman, LS | 50.60 |
| 2000 | Miki Barber, SC | 51.14 |

| | | |
|------|-----------------------|-------|
| 2004 | Dee Dee Trotter, UT | 50.32 |
| 2007 | Natasha Hastings, SC | 50.15 |
| 2009 | Joanna Atkins, AU | 50.39 |
| 2018 | Lynna Irby, UG | 49.80 |
| 2019 | Wadeline Jonathas, SC | 50.60 |
| 2021 | Athing Mu, AM | 49.57 |
| 2022 | Talitha Diggs, UF | 49.99 |

400-Meter Hurdles

| | | |
|------|------------------------|-------|
| 1988 | Schowonda Williams, LS | 55.53 |
| 1993 | Debbie Ann Parris, LS | 56.37 |
| 1994 | Debbie Parris, LS | 55.54 |
| 1997 | Ryan Tolbert, VU | 54.54 |
| 2002 | LaShinda Demus, SC | 54.85 |
| 2006 | Markita James, AU | 54.47 |
| 2008 | Nickiesha Wilson, LS | 54.45 |
| 2012 | Cassandra Tate, LS | 55.22 |
| 2014 | Shamier Little, AM | 55.07 |
| 2015 | Shamier Little, AM | 53.74 |
| 2016 | Shamier Little, AM | 53.51 |
| 2018 | Sydney McLaughlin, UK | 53.96 |
| 2022 | Britton Wilson, AR | 53.86 |

800-Meter Run

| | | |
|------|-------------------------|---------|
| 1982 | Delisa Walton Floyd, UT | 2:05.22 |
| 1983 | Joetta Clark, UT | 2:02.28 |
| 1984 | Joetta Clark, UT | 2:02.60 |
| 1991 | Nekita Beasley, UF | 2:03.29 |
| 1992 | Nekita Beasley, UF | 2:03.04 |
| 1998 | Hazel Clark, UF | 2:02.16 |
| 1999 | Claudine Williams, LS | 2:03.38 |
| 2004 | N. Bernard-Thomas, LS | 2:02.86 |
| 2005 | Aneita Denton, AR | 2:02.84 |
| 2010 | Phoebe Wright, UT | 2:01.40 |
| 2013 | Natoya Goule, LS | 2:00.06 |
| 2018 | Sammy Watson, AM | 2:04.21 |
| 2019 | Jazmine Fray, AM | 2:01.31 |

1,500-Meter Run

| | | |
|------|------------------------|---------|
| 1986 | Alisa Harvey, UT | 4:17.48 |
| 1997 | Becki Wells, UF | 4:12.84 |
| 2003 | Tiffany McWilliams, MS | 4:06.75 |
| 2004 | Tiffany McWilliams, MS | 4:11.59 |
| 2010 | Charlotte Browning, UF | 4:15.84 |
| 2015 | Rhianwedd Price, MS | 4:09.56 |
| 2016 | Marta Freitas, MS | 4:09.53 |
| 2022 | Sintayehu Vissa, UM | 4:09.42 |

3,000-Meter Run

| | | |
|------|-------------------|---------|
| 1986 | Lisa Breiding, UK | 9:11.39 |
|------|-------------------|---------|

5,000-Meter Run

| | | |
|------|-----------------------|----------|
| 1982 | Kathy Bryant, UT | 16:10.41 |
| 1989 | Valerie McGovern, UK | 16:17.20 |
| 1990 | Valerie McGovern, UK | 15:49.72 |
| 2016 | Dominique Scott, AR | 15:57.07 |
| 2017 | Karissa Schweizer, MO | 15:38.93 |
| 2018 | Karissa Schweizer, MO | 15:41.58 |

10,000-Meter Run

| | | |
|------|----------------------|----------|
| 2000 | Amy Yoder-Begley, AR | 33:59.96 |
|------|----------------------|----------|

| | | |
|------|---------------------|----------|
| 2016 | Dominique Scott, AR | 32:35.69 |
| 2022 | Mercy Chelangat, UA | 32:37.08 |

4x100-Meter Relay

| | | |
|------|---|-------|
| 1985 | LSU (Echols, King, Phipps, Morris) | 43.82 |
| 1989 | LSU (Stanley, Sowell, Scheffield, Jones) | 42.50 |
| 1991 | LSU (Stanley, Bowles, Sheffield, Jones) | 43.99 |
| 1992 | LSU (Bowles, Taplin, Sheffield, Duhane) | 43.03 |
| 1993 | LSU (Parris, Van Norman, Warren, Taplin) | 43.49 |
| 1994 | LSU (Parris, Hill, Feagin, Taplin) | 43.26 |
| 1995 | LSU (Stroman, Maulsee, Powell, Warren) | 43.10 |
| 1996 | LSU (Walker, Butler, Feagin, Hill) | 43.03 |
| 1997 | LSU (Walker, Butler, Thornton, Dowdie) | 43.17 |
| 2001 | LSU (Thornton, Durst, Combs, Lee) | 43.54 |
| 2002 | South Carolina (Whipple, Washington, Barber, Bailey) | 43.12 |
| 2003 | LSU (Durst, Hall, Jones, Lee) | 42.55 |
| 2004 | LSU (Jones, Hall, Durst, Lee) | 42.61 |
| 2011 | LSU (Wilson, Hackett, Alexander, Duncan) | 42.64 |
| 2012 | LSU * (Pinckney, Hackett, Alexander, Duncan) | 42.75 |
| 2013 | Texas A&M (Stewart, Purvis, Brown, Collier) | 42.88 |
| 2014 | Texas A&M (Madu, Purvis, Brown, Ekpone') | 42.80 |
| 2015 | Florida (Reynolds, Sanders, Gause, Jefferson) | 42.95 |
| 2016 | LSU (Brisco, Johnson, Martin, Harvey) | 42.65 |
| 2017 | Kentucky (Carter, Camacho-Quinn, Clarke, Gray) | 42.51 |
| 2018 | LSU (Brisco, Johnson, Misher, Hobbs) | 42.25 |

4x400-Meter Relay

| | | |
|------|---|---------|
| 1982 | Tennessee (Ratray, Barksdale, Clark, Walton) | 3:28.53 |
| 1985 | LSU (Truvillion, Williams, Cato, Morris) | 3:30.29 |
| 1986 | Tennessee (McLaughlin, Benjamin, Martin, Oliver) | 3:29.35 |
| 1990 | Florida (Mitchell, Howard, Webster, Downing) | 3:30.41 |
| 1992 | Florida (Beasley, Freeman, Mitchell, Howard) | 3:27.53 |
| 2002 | South Carolina (Ross, Washington, Bass, Demus) | 3:26.46 |
| 2004 | LSU | 3:25.26 |

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SEC's Individual National Champions

| | | | | | |
|------|---|----------|-----------------------------|--------------------------|----------|
| 2006 | (Bernard-Thomas, Regis, Hall, Davy) LSU | 3:25.78 | 2018 | Keturah Orji, UG | 46-0.75 |
| 2007 | (Morris, Francis, Rooks, Lawrence) LSU | 3:28.07 | 2022 | Jasmine Moore, UF | 46-11.75 |
| 2013 | Arkansas | 3:27.09 | Hammer Throw | | |
| 2015 | (Williams, McKnight, Flowers, R. George) Florida | 3:28.12 | 1996 | Dawn Ellerbe, SC | 209-2 |
| 2017 | (Reynolds, Jefferson, Gause, Francis) Florida | 42.91 | 1997 | Dawn Ellerbe, SC | 207-4 |
| 2019 | (Ross-Ransom, Sanders, Gause, Jefferson) Texas A&M | 3:25.57 | 1998 | Lisa Misipeka, SC | 209-4 |
| 2021 | (Robinson-Jones, Reed, Fray, Richardson) Texas A&M | 3:22.34 | 2003 | Candice Scott, UF | 229-0 |
| 2022 | (Robinson-Jones, Young, Reed, Mu) Kentucky | 3:22.55 | 2004 | Candice Scott, UF | 225-10 |
| | (Davis, Miles, Steiner, Holmes) | | 2006 | Jenny Dahlgren, UG | 226-4 |
| | | | 2007 | Jenny Dahlgren, UG | 232-0 |
| | | | 2010 | Nikola Lomnicka, UG | 215-1 |
| | | | 2018 | Janeah Stewart, UM | 239-3 |
| | | | Discus | | |
| | | | 1993 | Danyel Mitchell, LS | 186-6 |
| | | | 1994 | Danyel Mitchell, LS | 193-10 |
| | | | 2006 | Beth Mallory, UA | 194-9 |
| | | | 2014 | Shelbi Vaughan, AM | 196-11 |
| | | | 2015 | Shelbi Vaughan, AM | 201-5 |
| | | | Shot Put | | |
| | | | 2009 | Mariam Kevkhishvili, UF | 58-4.50 |
| | | | 2010 | Mariam Kevkhishvili, UF | 59-5 |
| | | | 2016 | Raven Saunders, UM | 63-5 |
| | | | Javelin | | |
| | | | 1984 | Iris Gronfeldt, UA | 184-2 |
| | | | 1985 | Iris Gronfeldt, UA | 187-8 |
| | | | 1987 | Laverne Eve, LS | 182-5.25 |
| | | | 1989 | Kim Engel, UG | 196-8 |
| | | | 1999 | Vigdis Gudjonsdottir, UG | 182-3 |
| | | | 2010 | Evelien Dekkers, UF | 193-6 |
| | | | 2013 | Freya Jones, UG | 180-3 |
| | | | 2014 | Fawn Miller, UF | 190-8 |
| | | | 2016 | Maggie Malone, AM | 204-0 |
| | | | 2021 | Marie-Therese Obst, UG | 195-10 |
| | | | Heptathlon | | |
| | | | 1992 | Sharon Jaklofsky, LS | 5,732 |
| | | | 2003 | Hyleas Fountain, UG | 5,999 |
| | | | 2014 | Kendell Williams, UG | 5,854 |
| | | | 2016 | Kendell Williams, UG | 6,225 |
| | | | 2017 | Kendell Williams, UG | 6,265 |
| | | | 2021 | Tyra Gittens, AM | 6,285 |
| | | | w - Wind-Aided | | |
| | | | * = Title was later vacated | | |
| | | | Triple Jump | | |
| 1992 | Leah Kirklin, UF | 44-0.75 | | | |
| 1996 | Suzette Lee, LS | 45-1 | | | |
| 1997 | Suzette Lee, LS | 45-8w | | | |
| 2000 | Keisha Spencer, LS | 45-10 | | | |
| 2001 | Shelly-Ann Gallimore, AU | 43-7.25 | | | |
| 2015 | Keturah Orji, UG | 46-5.25 | | | |
| 2016 | Keturah Orji, UG | 47-8 | | | |
| 2017 | Keturah Orji, UG | 46-10.75 | | | |